

*Rufty Holmes Senior Center Lunch Clubs*  
**APRIL 2021 Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALL Rufty-Holmes Lunch Clubs Open for Grab &amp; Go Meals</b></p>	<p><b>Call 704-216-7702</b> To register as a new client, ask for Michele</p>	<p><b>New South Rowan Site Opens Monday, April 12</b>  <b>VFW POST Cannon Blvd Kannapolis</b></p>	<p>1 Salisbury Steak, Scalloped Potatoes, Spinach, Roll Fruit Juice and milk</p>	<p>2 <b>SITES CLOSED</b> </p>
<p>5 Beef Macaroni Casserole carrots and green peas, roll Fruit Juice and milk</p>	<p>6 Hamburger w/Cheese Baked Beans, Potato wedges, Bun Fruit juice and milk</p>	<p>7 Carved Turkey w/gravy cabbage, green beans Roll. Fruit Juice and milk</p>	<p>8 BBQ Chicken Cabbage, Corn, Rice, Fruit Juice and milk</p>	<p>9 Salisbury Steak w/sautéed mushrooms, potatoes, blueberry crisp, Fruit juice and milk</p>
<p>12 Teriyaki Chicken, Turnip Greens, Rice, Roll Fruit Juice and milk</p>	<p>13 Sloppy Joe w/bun squash &amp; zucchini potato cake. Fruit juice and milk</p>	<p>14 Chicken Parmesan, Parsley potatoes spinach, roll Fruit juice and milk</p>	<p>15 Beef stroganoff over noodles, squash medley, Baked apples w/raisins Fruit juice and milk</p>	<p>16 Chicken pie, yellow rice, Hot cinnamon peaches Roll. Fruit juice and milk</p>
<p>19 Ham &amp; cheese casserole, potato wedges, stewed tomatoes, Roll fruit juice and milk</p>	<p>20 Roasted chicken, green beans, cheesy scalloped potatoes, roll. Fruit juice and milk</p>	<p>21 Pinto beans, collard greens, mac &amp; cheese, cornbread muffin, Fruit juice and milk</p>	<p>22 BBQ Pulled pork on bun, baked beans, turnip greens, Fruit juice and milk</p>	<p>23 Chicken fettuccini w/alfredo sauce, corn, spinach, roll. Fruit juice and milk</p>
<p>26 Smothered veal, mashed potatoes, carrots, roll Fruit juice and milk</p>	<p>27 Baked Spaghetti, green beans, corn roll. Fruit juice and milk</p>	<p>28 Sliced ham w/glaze Black-eyed peas Mac &amp; Cheese, roll, Fruit juice and milk</p>	<p>29 Chicken w/rice Broccoli, corn, roll. ruit juice and milk</p>	<p>30 Pork Loin w/glaze, dilled potatoes steamed cabbage, roll. Fruit juice and milk</p>