

**Compliments of Ruffy-Holmes Senior Center
704-216-7704**

**RUFFY-HOLMES
SENIOR CENTER**

Serving Rowan County, NC Older Adults

<u>Abuse/Neglect/Domestic Violence</u>	Phone #	Email Address/ Website
Alternatives Counseling	704-639-1616	
Cardinal Innovations	800-939-5911	
Daymark Recovery Services	704-633-3616	
Family Crisis Council (24-hour crisis line)	704-636-4718	
Novant Geriatric Behavioral Health, Rowan Med.Ctr	704-210-5302	
Ombudsman Program	800-508-5777	https://centralinaaging.org/what-we-do
Rowan Co. DSS Adult Protective Services	704-216-8331	https://www.rowancountync.gov/756/
Salisbury PD Community Relations Officer	704-638-2092	

<u>Adult Day Care/ Short-term Respite Services/ Rehabilitation/Family Caregivers</u>		
Accordius Health At Salisbury	704-633-7390	
Carter House.	704-633-1835	
Coltrane LIFE Center Adult Day Care	704-788-1215	
Citadel	704-636-5812	
The Laurels of Salisbury	704-637-1182	
Liberty Commons	704-637-3040	
Compass	704-633-3892	
PACE, Carolina Senior Care	336-746-3500	
Rowan Co. Social Services (possible daycare funds)	704-216-8331	
Trinity At Home	704-637-3940	
Home Instead Senior Care	704-788-3399	
Trinity Living Center	704-637-3940	

Advocacy	Phone #	Email Address/ Website
AARP	1-888-687-2277	www.aarp.org
Local AARP chapter information	704-216-7714	
Alzheimer's Ass'n., Western Carolina Chapter	800-272-3900	www.alz.org/northcarolina
Carter House	704-633-1835	
Disability Rights NC	1- 877-235-4210	www.disabilityrightsn.org
Division of Health Service Regulation, Complaint Intake Unit	1- 800-624-3004	
Friends of Residents in LTC	919-782-1530	www.forltc.org
NAMI, Nat. Alliance for the Mentally Ill	704-640-8811	www.nami.org
Nat. Federation of the Blind	1-410-659-9314	www.nfb.org
Ombudsman Program	1-800-508-5777	www.Centralina.org
Rowan County Department of Social Services	704-216-8330	
Salisbury PD Community Relations Office	704-638-2092	
The ARC of Rowan	704-637-1521	www.thearcofrowan.org

Blind and Visually Impaired (see also p.8, Disability-Related Services)		
Audio Bibles	1-919-748-3031	www.audiobiblesfortheblind.org
EyeCare America (eye exams)	1-818-887-6327	www.eyecareamerica.org
Nat. Federation of the Blind	1-410-659-9314	www.nfb.org
NC Assistive Technology Project	704-566-2899	www.ncatp.org
Buy or sell assistive technology devices		www.ncexchange.org
NC Div. of Services for the Blind	704-563-4168	www.ncdhhs.gov/dsb
NC Div. of Services for the Blind (at DSS)	704-216-8351	
NC Library, Blind/Handicap	1-888-388-2460	www.statelibrary.ncdcr.gov/lbph
Rowan Vocational Opportunities	704-633-6223	
Salisbury Lion's Club	704-642-0505	
Social Security Admin National	1-800-772-1213	www.ssa.gov
Local	1-877-405-3157	
Library of Congress	1-888-657-7323	https://www.loc.gov/nls/braille-audio-

Caregiver Information	Phone #	Email Address/ Website
Alzheimer's Association, Western Carolina Chapter	1-800-272-3900	www.alz.org/northcarolina
Comfort Keepers	(704) 322-3240	www.comfortkeepers.com
Elder Care Locator	1-800-677-1116	www.eldercare.gov
Family Caregiver Support Program	704-603-2779	www.eldercare.gov
National Alliance for Caregiving	1-301-718-8444	www.caregiving.org
NC Baptist Aging Ministry	1-877-506-2226	www.ncbam.org
NC Division of Aging	919-855-3400	www.ncdhhs.gov/aging
NC Senior Care Council	1-800-989-8137	www.carenorthcarolina.org
PACE, Carolina Senior Care	336-746-3500	www.carolinaseniorcare.org
Rowan County Dept. of Social Services	704-216-8331	
TenderHearted Home Care	704-612-4132	
VA Caregiver Support Line	1-855-260-3274	

Computer Training		
Goodwill Career Connections	704-638-6434	www.goodwillnwc.org
RCCC North Campus	704-216-7222	
Rowan County Public Library Main Branch	704-216-8228	
Rufty-Holmes Senior Center, computer classes	704-216-7714	

Deaf and Hearing Impaired (see also p.8, Disability-Related Services)		
CapTel (caption phone)	1-800-233-9130	www.captel.com
Caption Call (caption phone)	1-877-863-1196	www.captioncallphone.com
Clear Captions (caption phone)	1-336-078-2891	
Hearing Loss Ass'n., Charlotte	704-545-5661	www.nchearingloss.org
NC Assistive Technology Project	704-566-2899	www.ncatp.org
Buy or sell assistive technology device		www.ncexchange.org
NC Svcs. for Deaf and Hard of Hearing Charlotte	704-568-8558	
Relay NC (voice or TTY)	1-866-545-4012	www.relaync.com
Starkey Hearing Foundation	1-866-354-3254	www.starkeyhearingfoundation.org

Dental Services	Phone #	Email Address/ Website
Community Care Clinic of Rowan County (dental clinic)	704-636-4523	
ECU Dental School at Davidson College, Lexington	1-336-236-0165	
NC Missions of Mercy		www.ncdental.org
NC State Board of Dental Examiners (dental complaints)	919-678-8223	
School of Dentistry, UNC-Chapel Hill	919-537-3737	www.dentistry.unc.edu

Disability-Related Services		
CapTel (caption phone)	1-800-233-9130	www.captel.com
Caption Call (caption phone)	1-877	www.captioncallphone.com
Cardinal Innovations	704-721-7000	
Carter House (day social program)	704-633-1835	
ClearCaptions (caption phone)	1-336-708-2891	
Disability Rights NC.	1- 877-235-4210	www.disabilityrightsn.org
Easter Seals/UCP of Salisbury	704-647-0256	
NAMI, National Alliance on Mental Illness	704-640-8811	www.nami.org
NC Assistive Technology Project	704-566-2899	www.ncatp.org
Buy or sell assistive technology devices		www.ncexchange.org
NC Div. Svcs for the Blind	1-866-222-1546	www.ncdhhs.gov/dsb
NC Div. Svcs. for the Blind (at DSS	704-216-8351	
NC Div. Svcs. for the Deaf and HOH	1-800-835-5302	
NC Div. of Vocational Rehab	704-639-7575 or 1-866-760-8282	
NC Independent Living Rehab. Program	704-985-1172 or 1-877-699-7579	
NC Library, Blind/Handicap	1-888-388-2460	www.statelibrary.ncdcr.gov/lbph
NC License Tag Agency (handicapped placards)	704-633-5312	
Rowan County Parks/Recreation, Special Populations	704-216-7783	
Rowan Transit System (general information)	704-216-8888	
Rowan Vocational Opportunities	704-633-6223	
Salisbury City Transit.(Salisbury, Spencer, East Spencer)	704-638-5252	
Social Security Administration (disability)	(nat)1-800-772-1213, 1-877-405-3157	
The ARC of Rowan	704-637-1521	www.thearcofrowan.org

Educational Opportunities	Phone #	Email Address/ Website
NC Co-op. Extension-Rowan	704-216-8970	www.rowan.ces.ncsu.edu
Road Scholar (travel & learning)	1-800-454-5768	www.roadscholar.org
Rowan County Literacy Council	704-216-8266	
Rowan County Public Library	704-216-8243	
South Branch	704-216-7727	
East Branch	704-216-7838	
Rufty-Holmes Senior Center	704-216-7714	

Employment Training		
Goodwill Career Connections	704-638-6434	www.goodwillnwc.org
NCWorks Career Center	704-639-7529	www.ncworks.gov
NC Div. of Vocational Rehabilitation	704-639-7575 1-800-760-8282	
Rowan Vocational Opportunities	704-633-6223	

Eyeglasses, Eye Exams		
EyeCare America (eye exams)	1-877-887-6327	www.eyecareamerica.org
Salisbury Lion's Club, for possible assistance	704-642-0505	

Financial Assistance		
CIP (cooling)	704-216-8331	
HOPE COVID-19	211	rent and utility assistance
Prosperity Unlimited, Inc.(a community development corp.)	704-933-7405	
Rowan Co. Social Services (for Medicaid)	704-216-8331	
Rowan Co. Social Services, LIHEAP, (seasonal)	704-216-8331	(January 1- March 31)
Rowan Helping Ministries (limited utility assistance)	704-637-6838	
Salisbury Community Development Corp.(finance, foreclosure)	704-216-2738	
Salisbury-Rowan Utilities Share 2 Care Program	704-638-5300	rowanhelpingministries.org
Salvation Army (limited utility assistance)	704-636-6491	
Social Security Administration	1-877-405-3157	www.ssa.gov

Food and Nutrition	Phone #	Email Address/ Website
Grateful Heart Community Services	704-209-2257	www.gheartcs.org
Healthy Hands Program (SNAP)	877-490-6642	
Main Street Mission x	704-855-2909	www.mainstmission.org
Meals-on-Wheels of Rowan County	704-633-0352	
NC Co-op. Extension/ Rowan Center	704-216-8970	www.rowan.ces.ncsu.edu
Rowan County Health Department (SNAP)	704-216-8777	
Rowan County Dept. of Social Services (SNAP)	704-216-8330	
Rowan Helping Ministries (pantry and soup kitchen)	704-637-6838	
Rufty-Holmes Senior Center Senior Lunch Clubs	704-216-7702	
Salvation Army (food pantry, may have Ensure)	704-636-6491	

Fraud Reporting		
AARP	1-888-687-2277	www.aarp.org
Chapter meets at Rufty-Holmes Senior Center	704-216-7714	
Annual Free Credit Report		www.annualcreditreport
Better Business Bureau, Northwest NC	1-800-777-8348	
Do Not Call Registry (national)	1-888-382-1222	www.donotcall.gov
Federal Trade Commission	1-877-382-4357	www.ftc.gov
NC Dept. of Justice, Consumer Protection Div	1-919-716-6400 or 1-877	www.ncdoj.gov
NC Dept. of Secretary of State	1-919-807-2000	www.sosnc.gov
Senior Medicare Patrol	1-855-408-1212	www.ncdoi.com
Social Security Administration Local	1-877-405-3157	www.ssa.gov
National	1-800-772-1213	

Home Modification, Rehabilitation and Repairs	Phone #	Email Address/ Website
101 Mobility (ramps)	704-310-5964	
Forever Living Homes (builds ramps)	704-531-1111	
NC Baptist Aging Ministry	1-877-506-2226	www.ncbam.org
NC Independent Living Rehab. Program	704-985-1172	
www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities		
Salisbury Community Development Corporation	704-216-2738	www.salisburycdc.org/
Salisbury-Rowan Community Action Agency (weatherizing)	704-633-3854	
Smoke Detectors: E.H. Dole Red Cross	704-639-9897	
Speaks Custom Windows (builds ramps)	336-629-4449	
U.S.D.A-Rural Development Program		www.rd.usda.gov
Rowan County Weatherization Program	336-367-3535	https://www.rowancountync.gov/Docu

Housing		
<i>Independent Living options for older adults, disabled, veterans</i>		
Benchmark Apartments	704-855-2230	
Carpenters Corner	704-636-1410	
Crosswinds Senior Apartments	704-639-9692	
East Winds Apartments	704-633-7700	
Fleming Heights	704-636-5655	
Good Shepherd Gardens	704-633-3120	
Housing Authority of East Spencer	704-637-2284	
Housing Authority of Salisbury	704-636-1410	
Oak Park Retirement Community	704-636-4600	
Rowan County Housing Authority	704-633-8380	
Salisbury Housing Authority	704-636-1410	Cameron Allison ext. 118
Trinity Oaks Retirement Community	704-633-1002	
Villas at Hope Crest	704-637-8700	
Whispering Oaks	704-797-0314	
White Rock Garden Apartments	704-612-7350	
Wiley School Apartments	704-754-4013	
Yadkin House	704-633-7981	

Housing, Other	Phone #	Email Address/ Website
The Gables at Kepley Farm (active adult community)	704-633-6000	
Habitat for Humanity	704-642-6292	www.habitatrowan.org

Housing, Temporary		
Am. Red Cross (temporary shelter)	704-633-3854	www.ehdoie.redcross.org
Family Crisis Council (emergency shelter)	704-636-4718	
Homeless Assistance, Community Link	704-943-9490	
Rowan Helping Ministries (overnight shelter)	704-637-6838	

In-Home Services/Home Care		
Advanced Home Care	704-639-1060	
Angels at Heart	704-762-9364	
Bayada Home Health Care	704-633-7213	
CAPCare	704-210-5626	
Caring Caring	828-466-0466	
Carolina Senior Care (PACE)	336-746-3500	www.carolinaseniorcare.org
Comfort Keepers	704-630-0370	
Easter Seals UCP of Salisbury	704-647-0256	
Kindred at Home	704-636-3334	
Home Instead Senior Care	704-636-2010	
Novant Hospice House	704-603-3900	
Personal Touch Care Team	704-630-0088	
Pruitt Health, hospice and respite services	1-828-682-6118	
Rowan County Dept. of Social Services	704-216-8331	
Novant Hospice & Palliative Care Ctr	1-888-876-3663 or 704-637-7645	
Senior Helpers (Regional provider)	704-490-4673	
TenderHearted Home Care	704-612-4132	
Trellis Supportive Care	704-633-5447	
Trinity At Home	704-603-2776	
Veterans' Home Care	1-888-314-6075	www.veteranshomecare.com

Insurance	Phone #	Email Address/ Website
Affordable Care Act information	1-800-318-2596	www.healthcare.gov
NC State Retiree's Health Plan	1-855-859-0966	www.shpnc.org
SHIP Program Medicare counseling	704-216-7703/7704	
SHIP statewide	1-855-408-1212	www.ncdoi.com/ship
Smart NC	1-855-408-1212	www.ncdoi.com/smart

Legal Services		
David Post, Attorney (legal questions)	704-216-1600	
Elder Law Clinic, WFU	1-336-758-5061	www.lawhelpnc.org
Law Help (legal help & information)		
Legal Aid of NC appointments at Ruffy-Holmes	1-877-579-7562	www.elder-clinic.law.wfu.edu
Legal Aid of NC Helpline	1-866-219-5262	
Marjorie J. Brown, Attorney (elder law)	704-795-9455	www.ncdoj.gov
NC Department of Justice	1-919-716-6400	
NC Human Relations Commission, Fair Housing Board	1-919-807-4420	landlord-tenant disputes
Rowan County Clerk of Court (Civil)	704-797-3003	
Rowan County Clerk of Court (Criminal)	704-797-3001	
Rowan County Magistrate	704-797-3130	

Long-Term Care	Phone #	Email Address/ Website
Adult Care Homes (ACH), Family Care (FC), Memory care (MC)		
Nursing Homes(NH), Assisted Living(AL), Rehab (R)		
Accordius (NH, R)	704-633-7390	www.accordiushealth.com
Autumn Care of Salisbury (NH, R)	704-637-5885	https://www.saberhealth.com/location
Best of Care Assisted Living (ACH,FC, AL)	704-933-4339	
Bethamy Retreat (ACH, FC NH, AL)	704-633-1985	
Big Elm Retirement and Nursing Ctr. (AL, NH, R)	704-932-0000	
Brightmoor Nursing Center (NH)	704-633-2781	
Brookdale Salisbury (AL, MC)	704-636-0588	
Care Patrol (referral & screening service for long-term care)	704-248-7901	
China Grove Retirement Center (ACH, AL)	704-855-3180	
Citadel (NH, AL, R)	704-636-5812	
CuJo Family Care (FC, NH)	704-278-4913	
Deal Care Inn (ACH, AL)	704-857-2817	
DSS Adult Care Home Specialist (monitors facilities)	704-216-8331	
Elmcroft of Salisbury (AL, R, MC)	704-633-4666	
Heritage Plantation (ACH, AL)	704-637-5465	
Laurels of Salisbury (ACH, NH, R)	704-637-1182	
Libby's Family Care (FC)	704-278-4111	
Liberty Nursing Center (NH, R)	704-637-3040	
Compass (ACH, NH, AL, R)	704-633-3892	
Mary's Family Care Home	704-637-5633	
Meadows of Rockwell (NH, AL)	704-279-5300	
North Carolina State Veterans Home (NH)	704-638-4200	
Ombudsman Program (Centralina Area Agency on Aging)	1-800-508-5777	
Trinity At Home Care Management (advice and referral)	704-603-2776	
Trinity Oaks Health & Rehab (NH, R)	704-637-3784	
Trinity Oaks Retirement Community (AL, MC)	704-633-1002	

Medical Alert Systems	Phone #	Email Address/ Website
ADT Medical Alert	1-800-588-1934	www.adt.com/medical/alert
Comfort Keepers	704-630-0370	www.comfortkeepers.com
CVS Medical Alert	1-800-283-2300	www.medicalalertsystem.com
Life Alert	1-800-360-0329	www.lifealert.com
Medical Alert	1-800-800-2537	www.medicalalert.com
Ready Response	1-866-310-9061	www.walgreensreadyresponse.com

Medical Centers		
Atrium-Northeast	704-403-3000	www.carolinashealthcare.org/northeast
Novant, Linn Geriatric Health Unit	704-210-5302	
Novant, Stanback Rehab. Unit	704-210-5308	
Rowan Medical Ctr	704-210-5000	www.novanthhealth.org/rowan
VA Medical Center, Salisbury	704-638-9000	www.salisbury.va.gov

Medical Clinics		
China Grove Family Medicine	704-855-5200	
Community Care Clinic	704-636-4523	
Good Shepherd Clinic	704-636-7200	
Rockwell Direct Primary Care	704-279-2181	
A "discount medical membership" clinic.		

Medical Complaints		
NC Medical Board (doctor complaints)	1-800-253-9653	www.ncmedboard.org
NC Div. of Health Service Regulation, complaints (home care/hospitals/long term care)	1-919-855-4500	www.ncdhhs.gov/dhsr
Ombudsman Program	1800-508-5777	www.CentralinaAging.org

Medical Equipment, Medicine Delivery	Phone #	Email Address/ Website
Advanced Home Care (Free Delivery)	704-639-1060	www.americanmedical-id.com
American Medical ID	1-800-363-5985	
Cannon Pharmacy (Free Delivery)	980-892-0700	
Family Medical Supply (Medical Equipment)	336-248-3700	
Habitat for Humanity RESTORE (used medical equipment)	704-642-1222	
Moose Pharmacy (Free Delivery)	704-636-6340	
Penrod Medical Equipment (Free Delivery)	704-630-1155	
Ralph Baker Shoes (specialty footwear)	704-636-1850	
101 Mobility (medical equipment, accessibility products)	704-251-2767	

Medical Services, Other		
Atrium, Faith Community Health Ministry	704-631-0718	
Davita Dialysis Care	1-800-424-6589, or 704-637-2107	
Novant Congregational Health Ministries	704-210-5049	
Rowan County Health Department	704-216-8777	

Mental Health Services		
Cardinal Innovations	704-721-7000 or 1-800-939-5911	
RHA	704-633-1835	
Atrium, Senior Behavioral Medicine	704-720-1201	
Daymark Recovery Services	704-633-3616	
NAMI, National Alliance for the Mentally Ill	704-640-8811	
Novant, Linn Geriatric Health Unit	704-210-5302	
One Love Services Community Program	704-433-4318	

Miscellaneous		
Are You Okay? (daily phone check)	704-216-7704	
Pet Services: Humane Society of Rowan Co	704-636-5700	
Donated pet food, Low-cost Spay & Neuter services	704-433-6272	www.rollindeliver.com
Rollin Delivery & Errands	704-640-6844	
Smart Changes Household Move Management.	1-919-733-7173	
Voter ID Requirements (State Board of Elections)		

Prescription Assistance	Phone #	Email Address/ Website
Community Care Clinic	704-636-4523	www.communitycareofrowan.org
Good Rx		www.goodrx.com
Lowest Med		
Needy Meds		www.lowestmed.com
Optimize Rx		www.optimizerx.com
Rx Assist		www.rxassist.org
4 Dollar Drugs		www.4dollar drugs.com
NC MedAssist, Senior Care Program	1-866-331-1348	www.medassist.org
Partnership for Prescription Assistance		www.pparx.org
Rowan Helping Ministries	704-637-6838	
Salvation Army	704-636-6491	

Recreation, Socialization		
AARP (local chapter at Ruffy-Holmes Senior Center)	704-216-7714	
Convention and Visitors Bureau (local information)	704-638-3100	www.rowanymca.org
East Rowan YMCA	704-279-1742	www.lazy5ranch.com
Lazy 5 Ranch	704-663-5100	
Lunch Clubs, Ruffy-Holmes Senior Center	704-216-7702	www.nctrans.org
NC Transportation Museum	704-636-2889	www.rowan.ces.ncsu.edu
NC Co-op. Extension-Rowan	704-216-8970	www.road scholar.org
Road Scholar	800-454-5768	
Rowan County Parks/Recreation	704-216-7783	
Rowan County Public Library	704-216-8228	
(South)	704-216-7727	
(East)	704-216-7838	
Ruffy-Holmes Senior Center	704-216-7714	
Salisbury Parks/Rec. Dept	704-638-5291	
Salisbury/Rowan Senior Games & Silver Arts	704-216-7780	www.rowanymca.org
Salisbury YMCA	704-636-0111	www.rowanymca.org
South Rowan YMCA	704-857-7011	www.waterworks.org
Waterworks Visual Arts Center	704-636-1882	

SHIIP -- Seniors' Health Insurance Information Program		
Rufty-Holmes Senior Center	704-216-7704	www.ncdoi.com/SHIIP
SHIIP statewide office		

Social Security		
Social Security Administration National	1-800-772-1213	www.socialsecurity.gov
Local	1-877-405-3157	www.ssa.gov

Substance Abuse		
Alcoholics Anonymous	1-800-939-5911	www.district-21-aa.com
Cardinal Innovations	704-633-3616	
Daymark Recovery Services	704-210-5302	
Novant, Linn Geriatric Behavioral Unit		

Support Groups		
Alcoholics Anonymous	704-603-2778 or 704-603-2779	
Alzheimer's Family Support Group	704-216-7714	
Better Breathing Club	704-210-5000	
Breast Cancer Support, Living in Pink	704-279-2463	
Diabetes Support Group,	704-636-4718	
Domestic Violence Support Group	704-640-8811	www.nami.org
NAMI-National Alliance for the Mentally Ill	704-640-6488	
Narcotics Anonymous Helpline	704-633-3181	
Parkinson's Support Group	980-622-7732	
Rowan Brain Injury Support Group	800-451-0694	
Rowan Epilepsy Support Group	704-216-7714	
OPS, at Rufty-Holmes		

Taxes		
IRS	1-800-829-1040	www.irs.gov
NC Dept. of Revenue	1-877-252-3052	www.dor.state.nc.us
Rowan Co. Tax Admin.....(property & vet tax exemptions)	704-216-8544	
Tax Assistance for Seniors, by AARP, at Rufty-Holmes	704-216-7714	

Telephone Reassurance		
Are You OK? Program, Ruffy-Holmes Senior Center	704-216-7704	

Telephone Service Plans, Etc.		
Assurance Wireless	1-888-321-5880	www.assurancewireless.com
Consumer Cellular	1-888-345-5509	www.consumercellular.com
Great Call (Jitterbug phone)	1-800-733-6632	www.greatcall.com
LinkUp/LifeLine	800-918-8543	www.greatcall.com/
SafeLink Wireless	1-800-378-1684	www.safelinkwireless.com
National Do Not Call Registry	1-888-382-1222	www.donotcall.gov

Transportation		
Cancer Appmt. transportation, American Cancer Society	1-800-227-2345	
Care Transport	704-209-7884	
DAV Transportation for Veterans	704-819-1960	
Helping Hands Specialized Transportation (medical)	704-855-5485	
Latino Express (taxi)	704-642-2020	
Quality Transport (medical)	704-201-5595	
www.rowancountync.gov/231/Rowan-Transit-System		
Rowan Transit System	704-216-8888	https://www.rowancountync.gov/Docu
www.salisburync.gov/Government/Transit/ADA		
Safety Taxi	704-633-7217	
Salisbury City Transit/Para-Transit	704-638-5252	
Secure Comfort and Transportation (medical)	704-701-7392	www.securecomfortcare.com
Senior Solutions Group	704-209-7884	Rusty

Utility Assistance		
LifeLine, telephone credit through DSS	704-216-8330	
Rowan Helping Ministries	704-637-6838	
Rowan Co. Social Services, LIEAP assistance (seasonal)	704-216-8331	
Salvation Army	704-636-6491	

Veterans' Services	Phone #	Email Address/ Website
American Legion Posts - Harold B. Jarrett Post	704-855-2580	
Joseph C. Price Post	704-636-2950	
Samuel C. Hart Post	704-636-8084	
Faith Post	704-279-1430	
Miller-Russell Post, Rockwell	704-279-2184	
Freeze-Seymore Post, C. Grove	704-857-7320	
American Red Cross, Service to Armed Forces	1-877-272-7337	
AMVETS Post 460	704-633-5018	
DAV Transportation for Veterans	704-819-1960	www.va.gov
Department of Veteran Affairs	1-800-827-1000	
VA Caregiver Support Line	1-855-260-3274	
Veterans Crisis Line	1-800-273-8255	www.va.gov/homeless
Homeless Vets	1-877-424-3838	
Hefner VA Medical Center	704-638-9000	
Patient Advocates	704-638-9000, ext. 3602 or 3747	
MOAA, Military Officers' Assoc	704-636-6650	
NC State Veterans Home, Salisbury	704-638-4200	
Rowan Co. Tax Admin...(veterans property tax exemptions)	704-216-8544	
Rowan Co. Veterans Service Officers	704-216-8138 or 704-216-8139	
RTS, RITA Van (transportation to Veterans Services Ofc	704-216-8888	
VFW Post 3006, Salisbury	704-857-3005	
VFW Post 8989, Kannapolis	704-933-6186	