Our Lunch Clubs are funded primarily by the Home & Community Care Block Grant (Federal, State, & County).

USDA Food Box Assistance available in partnership with Second Harvest Food Bank of Metrolina.

*Seasonally fresh produce available through the Farmers Market Produce Program.



— Rufty-Holmes — Senior Center

"Adding Life to Years"

Please visit the Services page of our website:

www.ruftyholmes.org

1120 S. MLK Jr. Avenue Salisbury, NC 28144

704-216-7702

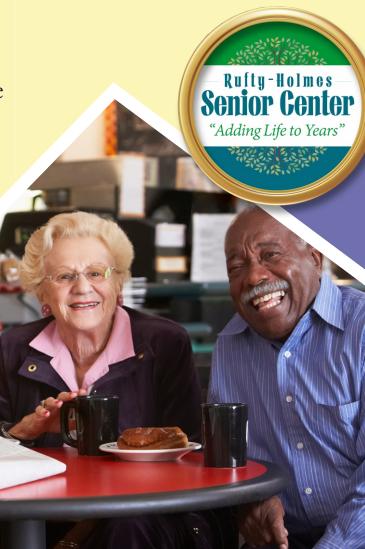
*Find our daily menu on our website and in our monthly newsletter!

For information on additional community outreach services, please call: 704-216-7714

Accredited by
National Institute of
Senior Centers



For Rowan County Older Adults





Enjoy a hot meal with your friends & neighbors!

The Monthly Menu is available on our website, Newsletter, and at the Lunch Clubs. The meal is prepared off-site in a licensed facility by an approved food service provider. We are unable to accommodate special diets.

Reservations are required by late morning the day before and can be made at the Lunch Club or by calling the location's phone number.

Transportation to Lunch Clubs is available, on a limited basis, through Rowan County Transit System or Salisbury City Busline. Please call for availability at 704-216-7702.

Lunch Clubs

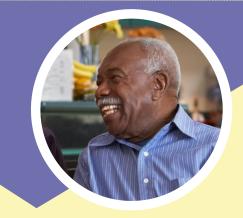
WHO: Rowan County residents age 60 and older are welcome.

WHEN: Lunch Clubs are open Monday thru Friday, 9:30 am - 1:30 pm. Lunch is served between 11:30 am - 12:15 pm.

WHAT: Enjoy a Healthy Meal, participate in daily activities, make new friends, and learn about services offered.

COST: Guests are asked to give a donation towards the posted meal price, according to their ability to pay. Donations are private and all older adults are served regardless of their ability to make a contribution.

SIGN UP: Contact our Nutrition Manager or Site Coordinator to register and sign up for your first lunch.



Lunch Club Locations

- North Rowan: 704-431-7720
 First Community Building of Spencer
 215 Fifth Street, Spencer
- South Rowan: 704-798-3038
 VFW Post 8989 Poston-Perkins
 2500 N. Cannon Blvd., Kannapolis
- East Rowan: 704-798-3058 Shiloh United Methodist Church 234 S. Main Street, Granite Quarry
- West Rowan: 704-798-3100
 Lions Club Building
 106 Cemetery Street, Cleveland
- East Salisbury: 704-636-7758 Lafayette Community Center 617 Lafayette Circle, Salisbury
- West Salisbury: 704-798-3093 John Calvin Presbyterian Church 1620 Brenner Avenue, Salisbury
- Latino Lunch Club: 704-216-7702
 Meets the 2nd & 4th Wednesday @ RHSC 1120 S. MLK Jr. Ave, Salisbury
- Tuesday Lunch Club: 704-216-7702
 Meets every Tuesday @ RHSC
 1120 S. MLK Jr. Ave, Salisbury