

Our Lunch Clubs are funded primarily by the Home & Community Care Block Grant (Federal, State, & County).

USDA Food Box Assistance available in partnership with Second Harvest Food Bank of Metrolina.

**Seasonally fresh produce available through the Farmers Market Produce Program.*



— Rufty-Holmes — Senior Center

“Adding Life to Years”

Please visit the Services page of our website:

www.ruftyholmes.org

**1120 S. MLK Jr. Avenue
Salisbury, NC 28144**

704-216-7702

**Find our daily menu on our website and in our monthly newsletter!*

For information on additional community outreach services, please call:
704-216-7714

Accredited by 
National Institute of
Senior Centers

Lunch Clubs

For Rowan County Older Adults





Lunch Clubs

WHO: Rowan County residents age 60 and older are welcome.

WHEN: Lunch Clubs are open Monday thru Friday, 9:30 am - 1:30 pm. Lunch is served between 11:30 am - 12:15 pm.

WHAT: Enjoy a Healthy Meal, participate in daily activities, make new friends, and learn about services offered.

COST: Guests are asked to give a donation towards the posted meal price, according to their ability to pay. Donations are private and all older adults are served regardless of their ability to make a contribution.

SIGN UP: Contact our Nutrition Manager or Site Coordinator to register and sign up for your first lunch.



Lunch Club Locations

- **North Rowan:** 704-431-7720
First Community Building of Spencer
215 Fifth Street, Spencer
- **South Rowan:** 704-798-3038
VFW Post 8989 Poston-Perkins
2500 N. Cannon Blvd., Kannapolis
- **East Rowan:** 704-798-3058
Shiloh United Methodist Church
234 S. Main Street, Granite Quarry
- **West Rowan:** 704-798-3100
Lions Club Building
106 Cemetery Street, Cleveland
- **East Salisbury:** 704-636-7758
Lafayette Community Center
617 Lafayette Circle, Salisbury
- **West Salisbury:** 704-798-3093
John Calvin Presbyterian Church
1620 Brenner Avenue, Salisbury
- **Latino Lunch Club:** 704-216-7702
Meets the 2nd & 4th Wednesday @ RHSC
1120 S. MLK Jr. Ave, Salisbury
- **Tuesday Lunch Club:** 704-216-7702
Meets every Tuesday @ RHSC
1120 S. MLK Jr. Ave, Salisbury

Enjoy a hot meal with your friends & neighbors!

The Monthly Menu is available on our website, Newsletter, and at the Lunch Clubs. The meal is prepared off-site in a licensed facility by an approved food service provider. We are unable to accommodate special diets.

Reservations are required by late morning the day before and can be made at the Lunch Club or by calling the location's phone number.

Transportation to Lunch Clubs is available, on a limited basis, through Rowan County Transit System or Salisbury City Busline. Please call for availability at 704-216-7702.