

— Rufty-Holmes —  
**Senior Center**

*“Adding Life to Years”*

***Directory of Services***  
***2022***

1120 S. MLK Jr. Ave, Salisbury, NC

704-216-7714

[www.ruftyholmes.org](http://www.ruftyholmes.org)



<b>Abuse/Neglect/Domestic Violence</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Alternatives Counseling	704-639-1616	<a href="http://www.alternativescounseling.net">http://www.alternativescounseling.net</a>
Vaya Health	800-849-6127	<a href="https://www.cardinalinnovations.org">https://www.cardinalinnovations.org</a>
Daymark Recovery Services	704-633-3616	<a href="https://www.daymarkrecovery.org">https://www.daymarkrecovery.org</a>
Family Crisis Council (24-hour crisis line)	704-636-4718 ext1	<a href="http://fccrowan.org">http://fccrowan.org</a>
Nursing Homes Abuse		<a href="https://nursinghomesabuse.org/">https://nursinghomesabuse.org/</a>
Ombudsman Program	800-508-5777	<a href="https://centralinaaging.org/what-we-do-services/ombudsman/">https://centralinaaging.org/what-we-do-services/ombudsman/</a>
Rowan Co. DSS Adult Protective Services	704-216-8331	<a href="https://www.rowancountync.gov/756/Adult-Protective-Services">https://www.rowancountync.gov/756/Adult-Protective-Services</a>
Salisbury PD Victim Witness Advocate	704-638-5337	<a href="http://www.salisburyncpd.org">http://www.salisburyncpd.org</a>

<b>Adult Day Care/ Short-term Respite Services/ Rehabilitation/ Family Caregivers</b>		
Accordius Health at Salisbury	704-633-7390	<a href="https://accordiushealth.com">https://accordiushealth.com</a>
RHA Health Services Carter House	704-633-1835	<a href="https://rhahealthservices.org">https://rhahealthservices.org</a>
Coltrane LIFE Center Adult Day Care	704-788-1215	<a href="https://www.coltranelifecenter.org">https://www.coltranelifecenter.org</a>
The Laurels of Salisbury	704-637-1182	<a href="https://www.laurelsofsalisbury.com">https://www.laurelsofsalisbury.com</a>
Liberty Commons Nursing & Rehabilitation Center	704-637-3040	<a href="https://libertyhealthcareandrehab.com">https://libertyhealthcareandrehab.com</a>
Compass Healthcare & Rehab	704-633-3892	<a href="https://compasshcr.com">https://compasshcr.com</a>
PACE, Carolina Senior Care	336-746-3500	<a href="http://www.ncpace.org">www.ncpace.org</a>
Rowan County Social Services	704-216-8331	<a href="http://www.rowancountync.gov">www.rowancountync.gov</a>
Trinity At Home	704-603-2776	<a href="http://www.trinityathome.net">www.trinityathome.net</a>
Home Instead Senior Care	704-636-2010	<a href="http://www.homeinstead.com">www.homeinstead.com</a>
Trinity Living Center	704-637-3940	<a href="http://www.trinitylivingcenter.net">www.trinitylivingcenter.net</a>

<b>Advocacy</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
AARP	1-844-950-2529	<a href="http://www.aarp.org">www.aarp.org</a>
Alzheimer's Association Western Carolina Chapter	800-272-3900	<a href="http://www.alz.org/northcarolina">www.alz.org/northcarolina</a>
Carter House	704-633-1835	
Disability Rights NC	1- 877-235-4210	<a href="http://www.disabilityrightsn.org">www.disabilityrightsn.org</a>
Division of Health Service Regulation	1- 800-624-3004	
Friends of Residents in LTC	919-782-1530	<a href="mailto:friends@forlhc.org">friends@forlhc.org</a>
NAMI, Nat. Alliance for the Mentally Ill	704-640-8811	<a href="http://www.nami.org">www.nami.org</a>
Nat. Federation of the Blind	1-410-659-9314	<a href="mailto:nfb@nfb.org">nfb@nfb.org</a>
Ombudsman Program	1-800-508-5777	<a href="http://www.Centralina.org">www.Centralina.org</a>
Salisbury PD Community Relations Office	704-638-5270	
The ARC of Rowan	704-637-1521	<a href="http://www.arcnc.org">www.arcnc.org</a>

<b><u>Blind and Visually Impaired</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Audio Bibles	1-919-748-3031	<a href="http://www.audiobiblesfortheblind.org">www.audiobiblesfortheblind.org</a>
EyeCare America (eye exams)	1-877-887-6327	<a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>
Nat. Federation of the Blind	1-410-659-9314	<a href="mailto:nfb@nfb.org">nfb@nfb.org</a>
NC Assistive Technology Project	919-850-2787	<a href="http://www.ncatp.org">www.ncatp.org</a>
Buy or sell assistive technology devices		<a href="http://www.ncexchange.org">www.ncexchange.org</a>
NC Div. of Services for the Blind	1-866-222-1546	<a href="http://www.ncdhhs.gov/dsb">www.ncdhhs.gov/dsb</a>
NC Div. of Services for the Blind at DSS	704-216-8351	
NC Library, Blind/Handicap	1-888-388-2460	<a href="http://www.statelibrary.ncdcr.gov/lbph">www.statelibrary.ncdcr.gov/lbph</a>
Rowan Vocational Opportunities	704-633-6223	<a href="http://www.rowanvocopp.org">www.rowanvocopp.org</a>
Salisbury Lion's Club	704-647-2153	<a href="http://www.salisburyslionsclub.com">www.salisburyslionsclub.com</a>
Social Security Admin National	1-800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>
Local	1-877-405-3157	
Library of Congress	1-888-657-7323	<a href="http://www.loc.gov/nls">www.loc.gov/nls</a>

<b><u>Caregiver Information</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Alzheimer's Association, Western Carolina Chapter	800-272-3900	<a href="http://www.alz.org/northcarolina">www.alz.org/northcarolina</a>
Alzheimer's Foundation of America	866-232-8484	<a href="https://alzfdn.org/">https://alzfdn.org/</a>
Assisted Living Locators	704-312-3032	Richard Fielding
Caregiver Navigator	844-728-0191	<a href="mailto:caregiver@dhhs.nc.gov">caregiver@dhhs.nc.gov</a>
Comfort Keepers	704-630-0370	<a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
Community Alternative Program for Disabled Adults	704-210-5626	Paid caretakers of family members
Dementia Alliance of North Carolina	1-800-228-8738	<a href="http://www.dementianc.org/family-services-support/caregiving-resources">www.dementianc.org/family-services-support/caregiving-resources</a>
Elder Care Locator	1-800-677-1116	<a href="http://www.eldercare.gov">www.eldercare.gov</a>
Family Caregiver Support Program	1-800-508-5777	<a href="http://www.centralinaaging.org">www.centralinaaging.org</a>
National Alliance for Caregiving	1-202-918-1013	<a href="http://www.caregiving.org">www.caregiving.org</a>
NC Baptist Aging Ministry (NCBAM)	1-877-506-2226	<a href="http://www.ncbam.org">www.ncbam.org</a>
NC Division of Aging	919-855-3400	<a href="http://www.ncdhhs.gov/divisions/daas">www.ncdhhs.gov/divisions/daas</a>
NC In-Home Aide Services	704-216-8331	<a href="http://www.ncdhhs.gov/assistance/disability-services/in-home-aides">www.ncdhhs.gov/assistance/disability-services/in-home-aides</a>
NC Senior Care Council	1-800-989-8137	<a href="http://www.carenorthcarolina.org">www.carenorthcarolina.org</a>
PACE, Carolina Senior Care	336-746-3500	<a href="http://www.carolinaseniorcare.org">www.carolinaseniorcare.org</a>
Project C.A.R.E.	980-314-7801	<a href="http://www.ncdhhs.gov/assistance/adult-services/project-care">www.ncdhhs.gov/assistance/adult-services/project-care</a>

Rowan County DSS Adult Services	704-216-8331	<a href="http://www.rowancountync.gov">www.rowancountync.gov</a>
TenderHearted Home Care	704-612-4132	<a href="http://www.tenderheartedhomecare.com">www.tenderheartedhomecare.com</a>
VA Caregiver Support Line	1-855-260-3274	

<b>Computer Training</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Goodwill Career Connections	704-637-6673	<a href="http://www.goodwillnwc.org">www.goodwillnwc.org</a>
RCCC North Campus	704-216-7222	<a href="http://www.rccc.edu">www.rccc.edu</a>
Rowan County Public Library Main Branch	704-216-8228	<a href="http://www.rowancountync.gov">www.rowancountync.gov</a>
<b>Rufty-Holmes Senior Center</b> , computer classes	<b>704-216-7714</b>	

<b>Deaf and Hearing Impaired (see also Disability-Related Services)</b>		
CapTel (caption phone)	1-800-233-9130	<a href="http://www.captel.com">www.captel.com</a>
Caption Call (caption phone)	1-877-865-9228	<a href="http://www.captioncallphone.com">www.captioncallphone.com</a> ; <a href="mailto:acox@captioncall.com">acox@captioncall.com</a>
Clear Captions (caption phone)	1-866-246-7850	<a href="http://www.clearcaptions.com">www.clearcaptions.com</a>
Hearing Loss Association Charlotte	704-568-8558	<a href="http://www.nchearingloss.org">www.nchearingloss.org</a>
Hearing Solutions of NC	704-212-2376	<a href="http://www.hearingsolutionsofnc.com">www.hearingsolutionsofnc.com</a>
NC Assistive Technology Project	919-850-2787	<a href="http://www.ncatp.org">www.ncatp.org</a>
Buy or sell assistive technology device		<a href="http://www.ncexchange.org">www.ncexchange.org</a>
NC Svcs. for Deaf and Hard of Hearing Charlotte	704-568-8558	
Relay NC (TTY)	1-800-735-2962	<a href="http://www.relaync.com">www.relaync.com</a>
Starkey Hearing Foundation	1-800-328-8602	<a href="http://www.starkeyhearingfoundation.org">www.starkeyhearingfoundation.org</a>

<b>Dental Services</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Cabarrus Rowan Community Health Centers	704-519-2366	<a href="https://www.crchc.org/">https://www.crchc.org/</a>
Community Care Clinic of Rowan County	704-636-4523	<a href="http://www.communitycareofrowan.org">www.communitycareofrowan.org</a>
ECU Dental School at Davidson College	336-236-0165	<a href="http://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm">www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm</a>
NC Missions of Mercy		<a href="http://www.ncdental.org">www.ncdental.org</a>
NC State Board of Dental Examiners	919-678-8223	<a href="http://www.ncdentalboard.org/filing_complaint.htm">www.ncdentalboard.org/filing_complaint.htm</a>
School of Dentistry, UNC-Chapel Hill	919-537-3737	<a href="http://www.dentistry.unc.edu">www.dentistry.unc.edu</a>
<b>Disability-Related Services</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
CapTel (caption phone)	1-800-233-9130	<a href="http://www.captel.com">www.captel.com</a>
Caption Call (caption phone)	1-877-865-9228	<a href="http://www.captioncallphone.com">www.captioncallphone.com</a> ; <a href="mailto:acox@captioncall.com">acox@captioncall.com</a>
Vaya Health	800-849-6127	<a href="http://www.cardinalinnovations.org">www.cardinalinnovations.org</a>

Carter House (day social program)	704-633-1835	
ClearCaptions (caption phone)	1-866-246-7850	<a href="http://www.clearcaptions.com">www.clearcaptions.com</a>
Disability Rights NC.	1-877-235-4210	<a href="http://www.disabilityrightsn.org">www.disabilityrightsn.org</a>
NAMI, National Alliance on Mental Illness	704-640-8811	<a href="http://www.nami.org">www.nami.org</a>
Nazareth Child & Family Connection	704-279-5556	<a href="http://www.nazcfc.org">www.nazcfc.org</a>
NC Assistive Technology Project	919-850-2787	<a href="http://www.ncatp.org">www.ncatp.org</a>
Buy or sell assistive technology devices		<a href="http://www.ncexchange.org">www.ncexchange.org</a>
NC Division Services for the Blind	1-866-222-1546	<a href="http://www.ncdhhs.gov/dsb">www.ncdhhs.gov/dsb</a>
NC Division Services for the Blind at DSS	704-216-8351	
NC Division Services for the Deaf and HOH	704-568-8558	
NCDS for the Deaf & HOH Equipment	919-890-0859	hearing aid, one amplified telephone, or one pocket talker
NC Division of Vocational Rehab	704-639-7575	
NC Independent Living Rehab Program	704-568-8580	
NC Library, Blind/Handicap	1-888-388-2460	<a href="http://www.statelibrary.ncdcr.gov/lbph">www.statelibrary.ncdcr.gov/lbph</a>
NC License Tag Agency (handicap)	704-633-5312	<a href="http://www.dmv.org/nc-north-carolina/disabled-drivers.php">www.dmv.org/nc-north-carolina/disabled-drivers.php</a>
Ro. County Parks/Recreation, Special Populations	704-216-7783	
Rowan Transit System	704-216-8899	
Rowan Vocational Opportunities	704-633-6223	<a href="http://www.rowanvocopp.org">www.rowanvocopp.org</a>
Salisbury City Transit	704-638-5252	<a href="http://www.salisburync.gov/Government/Transit">www.salisburync.gov/Government/Transit</a>
Social Security Administration (disability)	1-800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>
The Arc of North Carolina- Triad Region	704-637-1521	<a href="http://www.arcnc.org">www.arcnc.org</a>

<b><u>Educational Opportunities</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
NC Co-op. Extension-Rowan	704-216-8970	<a href="http://www.rowan.ces.ncsu.edu">www.rowan.ces.ncsu.edu</a>
Road Scholar (travel & learning)	800-424-5768	<a href="http://www.roadscholar.org">www.roadscholar.org</a>
Rowan County Literacy Council	704-216-8266	<a href="http://www.rcliteracy.org">www.rcliteracy.org</a>
Rowan County Public Library	704-216-8243	
South Branch	704-216-7727	
East Branch	704-216-7838	
<b>Rufty-Holmes Senior Center</b>	<b>704-216-7714</b>	

<b><u>Employment Training</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Goodwill Career Connections	704-637-6673	<a href="http://www.goodwillnnc.org">www.goodwillnnc.org</a>
NCWorks Career Center	704-639-7529	<a href="http://www.ncworks.gov">www.ncworks.gov</a>

NC Div. of Vocational Rehabilitation	704-639-7575	
Rowan Vocational Opportunities	704-633-6223	<a href="http://www.rowanvocopp.org">www.rowanvocopp.org</a>

<b><u>EyeGlasses, Eye Exams</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
EyeCare America (eye exams)	1-877-887-6327	<a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>
Salisbury Lion's Club, for possible assistance	704-647-2153	<a href="http://www.salisburylionsclub.com">www.salisburylionsclub.com</a>

<b><u>Financial Assistance</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Army Emergency Relief - Red Cross	877-272-7337	<a href="https://www.redcross.org/get-help/military-families/financial-assistance.html">https://www.redcross.org/get-help/military-families/financial-assistance.html</a>
Crisis Intervention Program (CIP)	800-662-7030	<a href="http://www.ncdhs.gov/assistance/low-income-services/crisis-intervention-program">www.ncdhs.gov/assistance/low-income-services/crisis-intervention-program</a>
HOPE COVID-19 (rent and utility assistance)	888-892-1162	<a href="https://hopenc.tfaforms.net/3">https://hopenc.tfaforms.net/3</a>
Low Income Household Water Assistance Program (LIHWAP)		<a href="https://www.acf.hhs.gov/ocs/programs/lihwap">https://www.acf.hhs.gov/ocs/programs/lihwap</a>
NC Homeowner Assistance Fund	1-855-696-2423	<a href="https://nchaf.gov/">https://nchaf.gov/</a>
Medicaid Managed Care Plans	855-245-0179	
Operation Hope (Financial Counseling)	704-870-7117	<a href="https://operationhope.org/">https://operationhope.org/</a>
Prosperity Unlimited, Inc.	704-933-7405	<a href="http://www.prosperitycdc.org">www.prosperitycdc.org</a>
Rowan Co. Social Services (for Medicaid)	704-216-8330	
Rowan Co. Social Services, LIHEAP, (seasonal)	704-216-8330	(January 1- March 31)
Rowan Helping Ministries (limited utility assist.)	704-633-5771	
Salisbury Community Development Corp.	704-216-2738	<a href="http://www.salisburycdc.org">www.salisburycdc.org</a>
Salisbury-Rowan Utilities Share 2 Care Program	704-637-6838	<a href="http://www.rowanhelpingministries.org">www.rowanhelpingministries.org</a>
Salvation Army (limited utility assistance)	704-636-6491	<a href="http://www.salvationarmyrowan.org">www.salvationarmyrowan.org</a>
Social Security Administration	1-800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>

<b><u>Food and Nutrition</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Grateful Heart Community Services	704-209-2257	<a href="http://www.gheartcs.org">www.gheartcs.org</a>
Carolyn's Heart Food Pantry	1-866-495-3651	<a href="http://www.shyas.com/food-pantry">www.shyas.com/food-pantry</a>
Main Street Mission x	704-855-2909	<a href="http://www.marketandmeeting.org">www.marketandmeeting.org</a>
Meals-on-Wheels of Rowan County	704-633-0352	<a href="http://www.mowrowan.org">www.mowrowan.org</a>
NC Co-op. Extension/ Rowan Center	704-216-8970	<a href="http://www.rowan.ces.ncsu.edu">www.rowan.ces.ncsu.edu</a>
NC Food and Nutrition Services (Food Stamps)		<a href="http://www.ncdhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps">www.ncdhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps</a>
Rowan County Health Department	704-216-8777	<a href="http://www.rowancountync.gov/256/Health-Department">www.rowancountync.gov/256/Health-Department</a>

Rowan County Dept. of Social Services (SNAP)	704-216-8330	<a href="http://www.rowancountync.gov/823/Food-Nutrition-Services">www.rowancountync.gov/823/Food-Nutrition-Services</a>
Rowan Helping Ministries (pantry and soup kitchen)	704-637-6838	<a href="http://www.rowanhelpingministries.org">www.rowanhelpingministries.org</a>
<b>Rufty-Holmes Senior Center Senior Lunch Clubs</b>	704-216-7702	<a href="http://www.ruftyholmes.org/lunch-clubs">www.ruftyholmes.org/lunch-clubs</a>
Salvation Army (food pantry)	704-636-6491	<a href="http://www.salvationarmyrowan.org">www.salvationarmyrowan.org</a>
SNAP	800-221-5689	<a href="http://www.fns.usda.gov">www.fns.usda.gov</a>
Unity UMC Mobile Meals	704-932-7605	<a href="mailto:mobilemeals@unity-umc.org">mobilemeals@unity-umc.org</a>

<b>Fraud Reporting</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
AARP	1-844-950-2529	<a href="http://www.aarp.org">www.aarp.org</a>
Chapter meets at <b>Rufty-Holmes Senior Center</b>	<b>704-216-7714</b>	
Annual Free Credit Report		<a href="http://www.annualcreditreport.com">www.annualcreditreport.com</a>
Better Business Bureau, Northwest NC	336-852-4240	<a href="http://www.bbb.org">www.bbb.org</a>
Do Not Call Registry (national)		<a href="http://www.donotcall.gov">www.donotcall.gov</a>
Federal Trade Commission (fraud, identity theft)	1-877-382-4357	<a href="http://www.ftc.gov">www.ftc.gov</a>
NC Dept. of Justice, Consumer Protection Div.	202-514-2000	<a href="http://www.ncdoj.gov/civil/consumer-protection-branch">www.ncdoj.gov/civil/consumer-protection-branch</a>
NC Dept. of Secretary of State	919-814-5400	<a href="http://www.sosnc.gov">www.sosnc.gov</a>
Senior Medicare Patrol	1-877-808-2468	<a href="http://www.smpresource.org">www.smpresource.org</a>
Social Security Administration - Local	1-877-405-3157	<a href="http://www.ssa.gov">www.ssa.gov</a>
National	1-800-772-1213	

<b>Home Modification, Rehabilitation and Repairs</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
101 Mobility (ramps)	704-310-5964	<a href="http://www.101mobility.com">www.101mobility.com</a>
Forever Living Homes (builds ramps)	704-617-4333	
NC Baptist Aging Ministry	1-877-506-2226	<a href="http://www.ncbam.org">www.ncbam.org</a>
NC Independent Living Rehab. Program	704-568-8580	<a href="http://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities">www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities</a>
Safe Home Pro	704-850-6443	<a href="https://www.safehomepro.com/">https://www.safehomepro.com/</a>
Salisbury Community Development Corporation	704-216-2738	<a href="http://www.salisburycdc.org">www.salisburycdc.org</a>
Salisbury Fire Department (smoke detectors)	704-638-5351	
Salisbury-Rowan Community Action Agency	704-633-6633	<a href="http://www.srcaa.com">www.srcaa.com</a>
Smoke Detectors: American Red Cross	704-633-3854	<a href="http://www.redcross.org">www.redcross.org</a>
Speaks Custom Windows (builds ramps)	704-637-0700	<a href="http://www.speakscustomwindow.com">www.speakscustomwindow.com</a>
U.S.D.A-Rural Development Program	919-873-2000	<a href="http://www.rd.usda.gov/nc">www.rd.usda.gov/nc</a>
Room 2 Improve	704-749-4699	Room2improveNC.com

<b><u>Housing</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
<i>Independent Living options for older adults, disabled, veterans</i>		
Benchmark Apartments	704-855-2230	
Carpenters Corner Apartments	910-895-6874	<a href="mailto:info@stognerarchitecture.com">info@stognerarchitecture.com</a>
Clancy Hills	704-636-6408	
Crosswinds Senior Apartments	704-639-9692	<a href="http://www.livebettercrosswinds.com">www.livebettercrosswinds.com</a>
East Winds Apartments	704-633-7700	
Fleming Heights	704-636-5655	
Good Shepherd Gardens	704-633-3120	
Housing Authority of East Spencer	704-637-2284	
Oak Park Retirement Community	980-643-8402	<a href="http://www.seniorlivinginstyle.com">www.seniorlivinginstyle.com</a>
Rowan County Housing Authority	704-633-8380	<a href="http://www.affordablehousingonline.com/housing-authority/North-Carolina/Rowan-County-Housing-Authority/NC102">www.affordablehousingonline.com/housing-authority/North-Carolina/Rowan-County-Housing-Authority/NC102</a>
Salisbury Housing Authority	704-636-1410	
The Gables at Kepley Farm	704-633-6000	<a href="http://www.gablesatkepleyfarm.com/">http://www.gablesatkepleyfarm.com/</a>
Trinity Oaks Retirement Community	704-633-1002	<a href="http://www.trinityoaks.net">www.trinityoaks.net</a>
Villas at Hope Crest	704-637-8700	
Whispering Oaks Apartments	704-797-0314	
White Rock Garden Apartments	704-279-6457	
Wiley School Apartments	704-202-0605	
Yadkin House	704-633-7981	

<b><u>Housing, Other</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Habitat for Humanity	704-642-6292	<a href="http://www.habitatrowan.org">www.habitatrowan.org</a> ; <a href="mailto:habitat@habitatrowan.org">habitat@habitatrowan.org</a>
NC Housing Search	1-877-428-8844	<a href="https://nchousingsearch.org/">https://nchousingsearch.org/</a>

<b><u>Housing, Temporary</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
American Red Cross (temporary shelter)	704-633-3854	<a href="http://www.redcross.org">www.redcross.org</a>
Family Crisis Council (emergency shelter)	704-636-4718 ext.1	<a href="http://www.fccrowan.org">www.fccrowan.org</a>
Homeless Assistance, Community Link	704-943-9490	<a href="https://www.communitylinknc.org/">https://www.communitylinknc.org/</a>
Rowan Helping Ministries (overnight shelter)	704-637-6838	<a href="http://www.rowanhelpingministries.org">www.rowanhelpingministries.org</a>



NC Housing Search	1-877-428-8844	<a href="https://nchousingsearch.org/">https://nchousingsearch.org/</a>
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<b>In-Home Services/Home Care</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Advanced Home Care	704-639-1060	<a href="http://www.advhomework.org">www.advhomework.org</a>
Angels at Heart	704-859-9257	<a href="http://www.angelsatheartnc.com">www.angelsatheartnc.com</a>
BrightStar Care	704-721-7827	<a href="http://www.brightstarcare.com">www.brightstarcare.com</a>
Bayada Home Health Care	704-797-8000	<a href="http://www.bayada.com">www.bayada.com</a>
CAPCare	704-210-5626	
Carolina Caring (house calls)	828.466.0466	<a href="http://www.carolinacaring.org/">www.carolinacaring.org/</a>
Carolina Senior Care (PACE)	336-746-3500	<a href="http://www.ncpace.org">www.ncpace.org</a>
Comfort Keepers	704-630-0370	<a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
Easter Seals UCP of Salisbury	704-647-0256	<a href="http://www.easterseals.com">www.easterseals.com</a>
Kindred at Home	704-636-3334	<a href="http://www.kindredhealthcare.com/locations/home-health/salisbury-nc-5049">www.kindredhealthcare.com/locations/home-health/salisbury-nc-5049</a>
Home Instead Senior Care	704-788-3399	<a href="http://www.homeinstead.com">www.homeinstead.com</a>
Hope Stone Home Care Services	704-425-1421	<a href="https://hopestoneservices.com/">https://hopestoneservices.com/</a>
Glenn A Kiser Hospice House	704-210-7900	<a href="http://www.care.novanthealth.org">www.care.novanthealth.org</a>
Pathways Palliative Care of Rowan County	704-924-4305	<a href="http://www.hoic.org/news_display.asp?id=2033">http://www.hoic.org/news_display.asp?id=2033</a>
Personal Touch Care Team	704-630-0088	
Rowan County Dept. of Social Services	704-216-8331	<a href="http://www.rowancountync.gov">www.rowancountync.gov</a>
Novant Hospice & Palliative Care Ctr	704-210-7900	<a href="http://www.novanthealth.org/rowan-medical-center/services/hospice--palliative-care.aspx">www.novanthealth.org/rowan-medical-center/services/hospice--palliative-care.aspx</a>
Senior Helpers (Regional provider)	800-760-6389	<a href="http://www.seniorhelpers.com/contact">www.seniorhelpers.com/contact</a>
TenderHearted Home Care	704-612-4132	<a href="http://www.tenderheartedhomecare.com">www.tenderheartedhomecare.com</a>
Trellis Supportive Care	704-637-7645	<a href="http://www.trellissupport.org">www.trellissupport.org</a>
Trinity At Home	704-603-2776	<a href="http://www.trinityathome.net">www.trinityathome.net</a>
VA's Caregiver Support Program	704-638-9000, ext. 15505	<a href="https://www.va.gov/salisbury-health-care/health-services/caregiver-support/">https://www.va.gov/salisbury-health-care/health-services/caregiver-support/</a>

<b>Insurance</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Affordable Care Act information	1-800-318-2596	<a href="http://www.healthcare.gov">www.healthcare.gov</a>
NC State Retiree's Health Plan	1-855-859-0966	<a href="http://www.shpnc.org">www.shpnc.org</a>
<b>SHIP Program Medicare counseling</b>	<b>704-216-7704</b>	
SHIP statewide	1-855-408-1212	<a href="http://www.ncdoi.com/shiip">www.ncdoi.com/shiip</a>
Smart NC	1-855-408-1212	<a href="http://www.ncdoi.com/smart">www.ncdoi.com/smart</a>

<b>Legal Services</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
David Post, Attorney (legal questions)	704-267-7000	<a href="http://www.davidpostlaw.com">www.davidpostlaw.com</a>
Elder Law Clinic, WFU	1-336-758-5061	<a href="http://www.lawhelpnc.org">www.lawhelpnc.org</a>
Hospice & Palliative Care	704-924-4323	
Law Help NC (legal help & information)		<a href="http://www.lawhelpnc.org">www.lawhelpnc.org</a>
Legal Aid of NC	1-877-579-7562	<a href="http://www.elder-clinic.law.wfu.edu">www.elder-clinic.law.wfu.edu</a>
Marjorie J. Brown, Attorney (elder law)	704-795-9455	<a href="http://www.ncestatelawfirm.com/">www.ncestatelawfirm.com/</a>
NC Department of Justice	919-716-6400	<a href="http://www.ncdoj.gov">www.ncdoj.gov</a>
NC Human Relations Commission	919-431-3000	<a href="http://landlord-tenant-disputes">landlord-tenant disputes</a>
Rowan County Clerk of Court (Civil)	704-797-3003	
Rowan County Clerk of Court (Criminal)	704-797-3001	
Rowan County Magistrate	704-797-3130	
Trellis Supportive Care (advance care planning)	704-637-7645	<a href="http://www.trellissupport.org">www.trellissupport.org</a>

<b>Long-Term Care</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
<b>Adult Care Homes (ACH), Family Care (FC), Memory Care (MC) Nursing Homes (NH), Assisted Living (AL), Rehab (R)</b>		
Alston Brook (R, NH)	336-956-1132	<a href="http://www.alstonbrook.com/default.htm">http://www.alstonbrook.com/default.htm</a>
Accordius Health at Lexington (NH,R)	336-249-7521	<a href="https://accordiushealth.com/locations/north-carolina/central-north-carolina/accordius-health-at-lexington/">https://accordiushealth.com/locations/north-carolina/central-north-carolina/accordius-health-at-lexington/</a>
Autumn Care of Salisbury (NH, R)	704-637-5885	<a href="http://www.saberhealth.com/locations/autumn-care-of-salisbury">www.saberhealth.com/locations/autumn-care-of-salisbury</a>
Best of Care Assisted Living (ACH, FC, AL)	704-933-4339	
Bethamy Retreat (ACH, FC NH, AL)	704-633-1985	
Big Elm Retirement and Nursing (AL, NH, R)	704-932-7277	<a href="http://www.bigelmnursing.com">www.bigelmnursing.com</a>
Brightmoor Nursing Center (NH)	704-633-2781	<a href="http://www.brightmoor.com">www.brightmoor.com</a>
Brookdale Salisbury (AL, MC)	704-636-0588	<a href="http://www.brookdale.com">www.brookdale.com</a>
Care Patrol (referral & screening service for long-term care)	704-935-5958	<a href="http://www.carepatrol.com">www.carepatrol.com</a>
China Grove Retirement Center (ACH, AL)	704-855-3180	
CuJo Family Care (FC, NH)	704-278-4913	
Deal Care Inn (ACH, AL)	704-857-2817	
DSS Adult Care Home Specialist (monitors facilities)	704-216-8330	
Heritage Plantation (ACH, AL)	704-637-5465	

Laurels of Salisbury (ACH, NH, R)	704-637-1182	<a href="http://www.laurelsofsalisbury.com">www.laurelsofsalisbury.com</a>
Libby Family Care (FC)	704-278-4111	
Mary's Family Care Home	704-637-5653	
Meadows of Rockwell (NH, AL)	704-279-5300	<a href="http://www.rockwellseniors.com">www.rockwellseniors.com</a>
North Carolina State Veterans Home (NH)	704-638-4200	<a href="http://www.pruitthealth.com/microsite/facilityid367">www.pruitthealth.com/microsite/facilityid367</a>
Oak Park Retirement	704-636-4600	
Ombudsman Program (Centralina)	1-800-508-5777	<a href="http://www.centralina.org">www.centralina.org</a>
TerraBella Salisbury (AL, MC)	704-456-9527	<a href="http://www.terrabellasseniorliving.com/terrabella-salisbury/">www.terrabellasseniorliving.com/terrabella-salisbury/</a>
Transitional Health Services of Kannapolis (NH, R)	704-933-3781	<a href="https://centers.consultatehealthcare.com/II/US/NC/Kannapolis/1810-Concord-Lake-Rd">https://centers.consultatehealthcare.com/II/US/NC/Kannapolis/1810-Concord-Lake-Rd</a>
Trinity At Home Care Management	704-603-2776	<a href="http://www.trinityathome.net">www.trinityathome.net</a>
Trinity Oaks Health & Rehab (NH, R)	704-637-3784	<a href="http://www.trinityoaks.net/rehab-for-seniors.php">www.trinityoaks.net/rehab-for-seniors.php</a>
Trinity Oaks Retirement Community (AL)	704-633-1002	<a href="http://www.trinityoaks.net">www.trinityoaks.net</a>

<b>Medical Alert Systems</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
ADT Medical Alert	1-833-238-8856	<a href="http://www.adt.com/resources/medical-alert-system">www.adt.com/resources/medical-alert-system</a>
Comfort Keepers SafetyChoice	704-322-3240	<a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
CVS Medical Alert		<a href="http://www.medicalalertsystemhq.com">www.medicalalertsystemhq.com</a>
Great Call	866-932-6598	<a href="http://www.greatcall.com">www.greatcall.com</a>
Life Alert	1-800-360-0329	<a href="http://www.lifealert.com">www.lifealert.com</a>
Medical Alert	1-800-800-2537	<a href="http://www.medicalalert.com">www.medicalalert.com</a>
Ready Response	1-866-310-9061	<a href="http://www.walgreensreadyresponse.com">www.walgreensreadyresponse.com</a>

<b>Medical Centers</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Atrium-Northeast	704-403-3000	<a href="http://www.atriumhealth.org/locations">www.atriumhealth.org/locations</a>
Cabarrus Rowan Community Health Centers	704-519-2366	<a href="https://www.crchc.org/">https://www.crchc.org/</a>
Novant - Linn Geriatric Health Unit	704-210-5302	
Novant - Stanback Rehab. Unit	704-210-5308	
Novant Rowan Medical Center	704-210-5000	<a href="http://www.novanthealth.org/rowan">www.novanthealth.org/rowan</a>
VA Medical Center, Salisbury	1-800-706-9126	<a href="http://www.salisbury.va.gov">www.salisbury.va.gov</a>

<b>Medical Clinics</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
China Grove Family Medicine	704-855-5200	<a href="http://www.crchc.org">www.crchc.org</a>
Community Care Clinic	704-636-4523	<a href="http://www.communitycareofrowan.org">www.communitycareofrowan.org</a>

Good Shepherd Clinic	704-636-7200	
Northern Rowan Medicine	704-216-2630	<a href="http://www.crchc.org">www.crchc.org</a>
Rockwell Direct Primary Care	704-279-2181	A “discount medical membership” clinic.
Salisbury Health Center	704-519-2366	

<b><u>Medical Complaints</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
NC Medical Board (doctor complaints)	800-253-9653 ext501	<a href="http://www.ncmedboard.org">www.ncmedboard.org</a>
NC Div. of Health Service Regulation (home care/hospitals/long term care)	1-919-855-3750	<a href="http://www.ncdhhs.gov/dhsr">www.ncdhhs.gov/dhsr</a>
Ombudsman Program	1800-508-5777	<a href="http://www.CentralinaAging.org">www.CentralinaAging.org</a>

<b><u>Medical Equipment, Medicine Delivery</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Advanced Home Care (Free Delivery)	704-639-1060	<a href="http://www.advhomecare.org">www.advhomecare.org</a>
American Medical ID	1-800-363-5985	<a href="http://www.americanmedical-id.com">www.americanmedical-id.com</a>
Assist M.E.	704-659-1123	<a href="https://www.assistmenc.com/">https://www.assistmenc.com/</a>
Cannon Pharmacy (Free Delivery)	980-892-0700	<a href="http://www.cannonpharmacies.com">www.cannonpharmacies.com</a>
Habitat for Humanity RESTORE (used medical equip)	704-642-1222	<a href="http://www.habitatrowan.org/restore">www.habitatrowan.org/restore</a>
Home Delivery Incontinent Supplies	855-892-2104	
Moose Pharmacy (Free Delivery)	704-636-6340	<a href="http://www.moosepharmacy.com/locations/salisbury">www.moosepharmacy.com/locations/salisbury</a>
Safe Home Pro	704-850-6443	<a href="https://www.safehomepro.com/">https://www.safehomepro.com/</a>
Penrod Medical Equipment (Free Delivery)	704-630-1155	<a href="http://www.penrodmedical.com">www.penrodmedical.com</a>
Ralph Baker Shoes (specialty footwear)	704-636-1850	<a href="http://www.ralphbakershoes.com">www.ralphbakershoes.com</a>
The Medicine Shoppe Pharmacy	704-637-6120	<a href="http://www.medicineshoppesalisbury.com">www.medicineshoppesalisbury.com</a>
101 Mobility (medical equipment, accessibility)	704-310-5964	<a href="http://www.101mobility.com">www.101mobility.com</a>

<b><u>Medical Services, Other</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Atrium, Faith Community Health Ministry	704-631-0718	<a href="http://www.atriumhealth.org/medical-services/specialty-care/other-specialty-care-services/health-ministry">www.atriumhealth.org/medical-services/specialty-care/other-specialty-care-services/health-ministry</a>
Carolina Caring – House calls	828-466-0466	
Davita Dialysis Care	1-866-544-6741	<a href="http://www.davita.com">www.davita.com</a>
Doctors Making Housecalls	844-932-5700	<a href="http://www.doctorsmakinghousecalls.com">www.doctorsmakinghousecalls.com</a>
Novant Congregational Health Ministries	704-210-5049	
Rowan County Health Department	704-216-8777	<a href="http://www.rowancountync.gov">www.rowancountync.gov</a>

Prescription Drug Disposal at <b>Rufty-Holmes</b>	<b>704-216-7714</b>	
Renew Health and Wellness	704-612-0011	<a href="https://renew-hw.com/">https://renew-hw.com/</a>

<b>Mental Health Services</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Atrium - Senior Behavioral Medicine	1-800-418-2065	
Cabarrus Rowan Community Health Centers	704-519-2366	<a href="https://www.crchc.org/">https://www.crchc.org/</a>
Daymark Recovery Services	704-633-3616	<a href="http://www.daymarkrecovery.org">www.daymarkrecovery.org</a>
NAMI, National Alliance on Mental Illness	704-640-8811	<a href="http://www.nami.org">www.nami.org</a>
Novant - Linn Geriatric Health Unit	704-210-5302	
One Love Services Community Program	704-510-4286	
RHA	704-636-0454	<a href="http://www.rhahealthservices.org">www.rhahealthservices.org</a>
Vaya Health	800-849-6127	<a href="http://www.cardinalinnovations.org">www.cardinalinnovations.org</a>

<b>Miscellaneous</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Pet Services: Humane Society of Rowan Co	704-636-5700	<a href="http://www.humanesocietyofrowancountync.org">www.humanesocietyofrowancountync.org</a>
Rollin Delivery & Errands	704-433-6272	<a href="http://www.rollindelivery.com">www.rollindelivery.com</a>
Smart Changes Household Move Management	704-640-6844	<a href="http://www.smartchanges.net">www.smartchanges.net</a>
Voter ID Requirements	919-814-0700	<a href="http://www.ncsbe.gov/voting/voter-id">www.ncsbe.gov/voting/voter-id</a>

<b>Prescription Assistance</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Community Care Clinic	704-636-4523	<a href="http://www.communitycareofrowan.org">www.communitycareofrowan.org</a>
Cost Plus Drugs		<a href="https://costplusdrugs.com/">https://costplusdrugs.com/</a>
Good Rx	855-268-2822	<a href="http://www.goodrx.com">www.goodrx.com</a>
Lowest Med		<a href="http://www.rxsaver.com">www.rxsaver.com</a>
NC MedAssist, Senior Care Program	866-331-1348	<a href="http://www.medassist.org">www.medassist.org</a>
Needy Meds	800-503-6897	<a href="http://www.needymeds.org">www.needymeds.org</a>
Optimize Rx		<a href="http://www.optimizerx.com">www.optimizerx.com</a>
Rx Assist	877-537-5537	<a href="http://www.rxassist.org">www.rxassist.org</a>
Partnership for Prescription Assistance	888-477-2669	<a href="http://www.pparx.org">www.pparx.org</a>
Rowan Helping Ministries	704-637-6838	<a href="http://www.rowanhelpingministries.org">www.rowanhelpingministries.org</a>
Salvation Army	704-636-6491	<a href="http://www.salvationarmyrowan.org">www.salvationarmyrowan.org</a>

<b><u>Recreation, Socialization</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
AARP Connecting People to People	888-281-0145	<a href="http://www.aarpcommunityconnections.org/friendly-voices">www.aarpcommunityconnections.org/friendly-voices</a>
Convention and Visitors Bureau (local info)	704-638-3100	<a href="http://www.visitsalisburync.com">www.visitsalisburync.com</a>
East Rowan (Saleeby-Fisher) YMCA	704-279-1742	<a href="http://www.rowanymca.org">www.rowanymca.org</a>
Friendship Line	800-971-0016	<a href="http://www.ioaging.org/services/all-inclusive-health-care/friendship-line">www.ioaging.org/services/all-inclusive-health-care/friendship-line</a>
Lazy 5 Ranch	704-663-5100	<a href="http://www.lazy5ranch.com">www.lazy5ranch.com</a>
<b>Lunch Clubs, Rufty-Holmes Senior Center</b>	<b>704-216-7702</b>	
NCBAM One Hope Outreach	866-578-4673	<a href="http://www.ncbam.org/ministry-outreaches">www.ncbam.org/ministry-outreaches</a>
NC Transportation Museum	704-636-2889	<a href="http://www.nctrans.org">www.nctrans.org</a>
NC Co-op. Extension-Rowan	704-216-8970	<a href="http://www.rowan.ces.ncsu.edu">www.rowan.ces.ncsu.edu</a>
Road Scholar	800-424-5768	<a href="http://www.roadscholar.org">www.roadscholar.org</a>
Rowan County Parks/Recreation	704-216-7800	-
Rowan County Public Library	704-216-8243	<a href="http://www.rowancountync.gov/307/Library">www.rowancountync.gov/307/Library</a>
(South)	704-216-7730	
(East)	704-216-7840	
<b>Rufty-Holmes Senior Center</b>	<b>704-216-7714</b>	
Salisbury Parks/Rec. Dept	704-638-5291	
Salisbury/Rowan Senior Games & Silver Arts	704-216-7780	<a href="http://www.rowancountync.gov/492/Senior-Games-Arts">www.rowancountync.gov/492/Senior-Games-Arts</a>
Salisbury (Hurley) YMCA	704-636-0111	<a href="http://www.rowanymca.org">www.rowanymca.org</a>
South Rowan (Corriher) YMCA	704-857-7011	<a href="http://www.rowanymca.org">www.rowanymca.org</a>
Waterworks Visual Arts Center	704-636-1882	<a href="http://www.waterworks.org">www.waterworks.org</a>

<b><u>SHIIP -- Seniors' Health Insurance Information Program</u></b>		
<b>Rufty-Holmes Senior Center</b>	<b>704-216-7704</b>	
SHIIP statewide office	855-408-1212	<a href="http://www.ncdoi.com/SHIIP">www.ncdoi.com/SHIIP</a>

<b><u>Social Security</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Social Security Administration National	1-800-772-1213	<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
Local	1-877-405-3157	<a href="http://www.ssa.gov">www.ssa.gov</a>

<b><u>Substance Abuse</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Alcoholics Anonymous (Statesville closest)	704-787-6404	<a href="http://www.aanorthcarolina.org">www.aanorthcarolina.org</a>

Vaya Health	800-849-6127	<a href="http://www.cardinalinnovations.org">www.cardinalinnovations.org</a>
Daymark Recovery Services	704-633-3616	<a href="http://www.daymarkrecovery.org">www.daymarkrecovery.org</a>
Novant - Linn Geriatric Health Unit	704-210-5302	

<b><u>Suicide Helpers in the Community</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
National Suicide Prevention Lifeline	988 (call or text or chat 24/7)	<a href="https://988lifeline.org/current-events/the-lifeline-and-988/">https://988lifeline.org/current-events/the-lifeline-and-988/</a>
SAMHSA's National Helpline	1-800-662-4357	<a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a>
Hope4NC Mental Health	1-855-587-3463 or 1-800-273-8255	<a href="https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc">https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc</a>
Daymark 24-hour Crisis Hotline	1-866-275-9552	<a href="https://www.daymarkrecovery.org/services/mobile-crisis-management">https://www.daymarkrecovery.org/services/mobile-crisis-management</a>
Daymark Suicide Lifeline	800-273-8255	
Cardinal Health	1-800-939-5911	
Lifeworks Behavioral Health	704-210-5302	<a href="https://www.novanthealth.org/rowan-medical-center/services/behavioral-health.aspx">https://www.novanthealth.org/rowan-medical-center/services/behavioral-health.aspx</a>
One Love	980-330-7000	<a href="https://www.oneloverowan.org/">https://www.oneloverowan.org/</a>

<b><u>Support Groups</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Alcoholics Anonymous (Statesville closest)	704-787-6404	<a href="http://www.aanorthcarolina.org">www.aanorthcarolina.org</a>
Alzheimer's Family Support Group	704-603-2776	
Better Breathing Club	704-279-2463	
Breast Cancer Support, Living in Pink	704-636-4718	
Diabetes Support Group,	704-640-8811	<a href="http://www.nami.org">www.nami.org</a>
Domestic Violence Support Group	704-640-6488	
Grief Share		<a href="https://www.griefshare.org/">https://www.griefshare.org/</a>
NAMI-National Alliance for the Mentally Ill	704-633-3181	
Narcotics Anonymous Helpline	980-622-7732	
Parkinson's Support Group	800-451-0694	
Rowan Brain Injury Support Group	704-216-7714	
Rowan Epilepsy Support Group		
TLC support for widows/widowers	704-279-7241	Powles Funeral Home
TOPS, at <b>Ruffy-Holmes</b>	<b>704-216-7714</b>	

<b><u>Taxes</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
IRS	1-800-829-1040	<a href="http://www.irs.gov">www.irs.gov</a>
NC Dept. of Revenue	1-877-252-3052	<a href="http://www.dor.state.nc.us">www.dor.state.nc.us</a>
Rowan Co. Tax Admin.	704-216-8544	<a href="http://www.rowancountync.gov/201/Tax-Collector">www.rowancountync.gov/201/Tax-Collector</a>
<b>Tax Assistance for Seniors</b>	<b>704-216-7714</b>	

<b><u>Telephone Reassurance</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Are You OK? Program	704-216-7704	

<b><u>Telephone Service Plans, Etc.</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Assurance Wireless (free)	1-888-321-5880	<a href="http://www.assurancewireless.com">www.assurancewireless.com</a>
Consumer Cellular	1-888-345-5509	<a href="http://www.consumercellular.com">www.consumercellular.com</a>
Great Call (Jitterbug phone)	1-800-733-6632	<a href="http://www.greatcall.com">www.greatcall.com</a>
LinkUp/LifeLine	1-800-662-7030	<a href="http://www.ncdhs.gov/divisions/social-services/other-programs/lifeline-and-link-programs">www.ncdhs.gov/divisions/social-services/other-programs/lifeline-and-link-programs</a>
SafeLink Wireless (free)	1-800-378-1684	<a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a>
National Do Not Call Registry		<a href="http://www.donotcall.gov">www.donotcall.gov</a>

<b><u>Transportation</u></b>	<b>Phone #</b>	<b>Email Address/ Website</b>
Cancer Appointment Transportation	1-800-227-2345	
Care Transport Group	704-209-7884	
CARS Program at <b>Rufty-Holmes</b>	<b>704-216-7703</b>	<a href="http://www.ruftyholmes.org/cars/">http://www.ruftyholmes.org/cars/</a>
DAV Transportation for Veterans	704-819-1960	<a href="https://www.dav.org/veterans/i-need-a-ride/">https://www.dav.org/veterans/i-need-a-ride/</a>
Helping Hands Specialized Transportation	704-855-5485	<a href="http://www.helpinghandstransportnc.com">www.helpinghandstransportnc.com</a>
Latino Express (taxi)	704-642-2020	<a href="http://www.latino-express.edan.io">www.latino-express.edan.io</a>
Nabella Transportation	704-495-1619	<a href="http://nabellatransportation.com/">http://nabellatransportation.com/</a>
Non-Emergency Medical Transportation		<a href="https://medicaid.ncdhs.gov/blog/2021/07/20/non-emergency-transportation-nc-medicaid-managed-care">https://medicaid.ncdhs.gov/blog/2021/07/20/non-emergency-transportation-nc-medicaid-managed-care</a>
Quality Transport (medical)	704-201-5595	
Rowan Transit System	704-216-8899	<a href="http://www.rowancountync.gov/231/Rowan-Transit-System">www.rowancountync.gov/231/Rowan-Transit-System</a>
Safety Taxi	704-633-7217	
Shining Star	980-234-9451	
City of Salisbury Transit Division/Para-Transit	704-638-5252	<a href="http://www.salisburync.gov/Government/Transit/ADA">www.salisburync.gov/Government/Transit/ADA</a>
Secure Comfort and Transportation (medical)	704-701-7392	<a href="http://www.securecomfortcare.com">www.securecomfortcare.com</a>



<b>Utility Assistance</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
LifeLine, telephone credit through DSS	704-216-8330	Assurance Wireless – Apply Online
Rowan Helping Ministries	704-637-6838	<a href="http://www.rowanhelpingministries.org">www.rowanhelpingministries.org</a>
Rowan Co. Social Services, LIEAP assistance	704-216-8330	<a href="http://www.salvationarmyrowan.org">www.salvationarmyrowan.org</a>
Salvation Army	704-636-6491	
HOPE COVID-19	211	rent and utility assistance

<b>Veterans' Services</b>	<b>Phone #</b>	<b>Email Address/ Website</b>
American Legion Posts - Harold B. Jarrett Post	704-637-1722	
Joseph C. Price Post	704-638-0160	
Samuel C. Hart Post	704-856-8865	
Kennedy-Hall Post	704-278-2493	
Faith Post	704-279-1430	
Miller-Russell Post, Rockwell	704-433-6412	
Freeze-Seymore Post, C. Grove	704-857-7320	
American Red Cross, Service to Armed Forces	1-877-272-7337	<a href="http://www.redcross.org">www.redcross.org</a>
AMVETS Post 460	704-633-5018	
DAV Transportation for Veterans	704-819-1960	<a href="http://www.va.gov">www.va.gov</a>
Department of Veteran Affairs	1-800-698-2411	
VA Caregiver Support Line	1-855-260-3274	
Veterans Crisis Line	1-800-273-8255	<a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>
Homeless Vets	1-877-424-3838	<a href="http://www.va.gov/homeless">www.va.gov/homeless</a>
Hefner VA Medical Center	800-706-9126	
Patient Advocates	704-638-9000 ext.13747	
MOAA, Military Officers' Assoc	1-800-234-6622	<a href="http://www.moaa.org">www.moaa.org</a>
NC State Veterans Home, Salisbury	704-638-4200	
Rowan Co. Tax Admin. (veterans property tax exempt)	704-216-8544	
Rowan Co. Veterans Service Officers	704-216-8138	<a href="http://www.rowancountync.gov/335/Veterans-Services">www.rowancountync.gov/335/Veterans-Services</a>
RTS, RITA Van (transportation to Veterans Services)	704-216-8899	
VFW Post 3006, Salisbury	704-636-2104	

