

*Rufty Holmes Senior Center presents...*

# Tropical Costa Rica

January 7 – 15, 2025



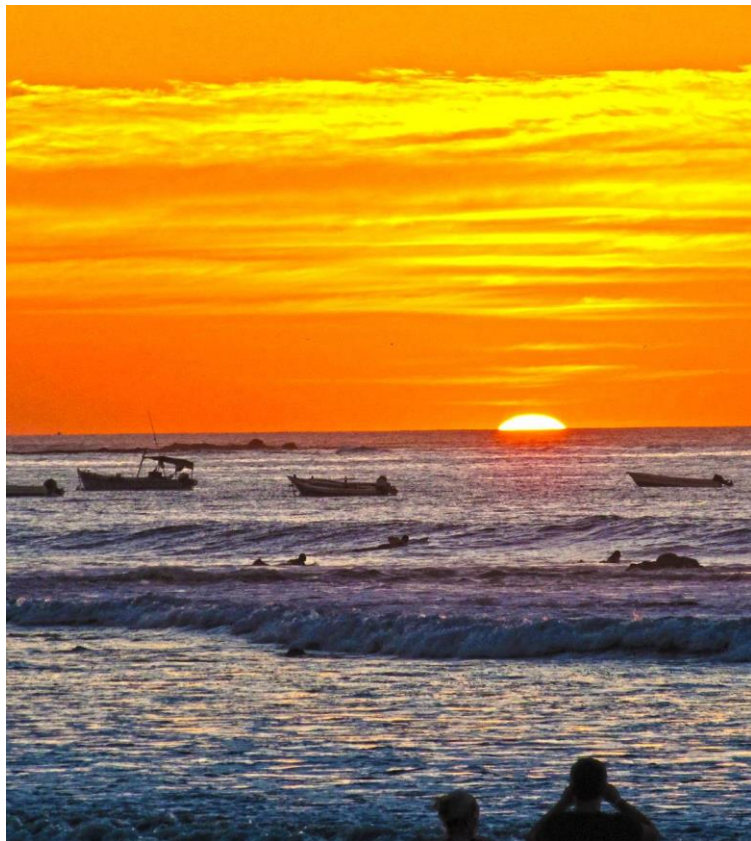
Book Now  
& Save  
**\$100**  
Per Person



For more information contact  
Hannah Medlin  
Rufty Holmes Senior Center  
**(704)216-7714**  
**[programs@ruftyholmes.org](mailto:programs@ruftyholmes.org)**

**Trip departs from Rufty-Holmes Senior Center via  
motorcoach to CLT airport**





**9 Days • 14 Meals:** 8 Breakfasts, 1 Lunch, 5 Dinners

**HIGHLIGHTS...** San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour, Guanacaste

#### ITINERARY AT A GLANCE

Day 1	Doubletree Cariari Hotel, San Jose
Days 2 – 4	Mountain Paradise Hotel, Arenal
Days 5, 6	El Establo, Monteverde
Days 7, 8	Nammbu Beachfront Bungalows, Guanacaste

*On some dates alternate hotels may be used.*

#### **Day 1: Tuesday, January 7, 2025 San Jose, Costa Rica - Tour Begins**

Depart from CLT and head to Costa Rica where your trip opens in the colorful capital city of San Jose, the perfect place to relax and soak up the sights as your adventure begins.

#### **Day 2: Wednesday, January 8, 2025 San Jose - Coffee Plantation**

**- Arenal** Welcome to the Central Valley. Begin with a tour of a local coffee plantation highlighting the history and cultivation of this driver of the Costa Rican economy. This afternoon, check in for a leisurely 3-night stay at a lodge overlooking the majestic Arenal Volcano. Get to know the Costa Rican culture this evening. *(B, D)*

#### **Day 3: Thursday, January 9, 2025 Arenal - Cano Negro - Arenal**

Embark on a Cano Negro guided riverboat trip in a covered canoe known as a panga. These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of caimans, river otters, sloths, monkeys, river turtles, exotic birds and rare butterflies. Later, return to Arenal for the chance to relax at your resort. *(B)*

#### **Day 4: Friday, January 10, 2025 Arenal**

Today, explore a family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a “classroom without borders.” Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch. *(B, L)*

#### **Day 5: Saturday, January 11, 2025 Arenal - Lake Arenal Cruise -**

**Monteverde** Enjoy a delightful cruise on Lake Arenal, Costa Rica’s largest and most important lake. Then, it’s off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet! Set off on a nature walk through this spectacular ecosystem, where you’re sure to encounter many incredible species of flora and fauna. *(B, D)*

#### **Day 6: Sunday, January 12, 2025 Monteverde It’s your choice!**

Explore one of the world’s largest butterfly gardens. Then, join an expert for a leisurely paced “Hanging Bridges” walking tour to gain a different perspective of the cloud forest’s lush ecosystem **-OR-** take an exhilarating ride on one of the longest canopy zip line tours in Costa Rica. If you would like to do both the hanging bridges and the zip line tour, you may purchase the second as an option on tour. *(B, D)*

#### **Day 7: Monday, January 13, 2025 Monteverde - Guanacaste**

Today we make our way to breathtaking Guanacaste, known for its fine sandy beaches. Settle in for a relaxing 2-night stay at your resort and take in the mesmerizing ocean views. *(B, D)*

#### **Day 8: Tuesday, January 14, 2025 Guanacaste**

Fun in the sun is in store today as you explore the nearby beaches, or simply relax by the pool and take advantage of your resort’s lovely amenities. This afternoon, visit the delightful beach town of Samara, one of the top sunset spots in Costa Rica. Soak in the spectacular colors as the sun illuminates the natural landscape. *(B, D)*

#### **Day 9: Wednesday, January 15, 2025 Guanacaste - Tour Ends**

Today you depart for home with fabulous memories of your Costa Rican adventure. *(B)*



## Book Now & Save \$100 Per Person:

Double ~~\$3,099~~;      **Double \$2,999\***  
Single ~~\$3,799~~;      **Single \$3,699**;  
Triple ~~\$3,069~~      **Triple \$2,969**

**For bookings made after Jul 07, 2024 call for rates.**

**Included in Price:** Round Trip Air from Charlotte Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers

**Not included in price:** Cancellation Waiver and Insurance of \$449 per person

\* All Rates are Per Person and are subject to change, based on air inclusive package from CLT

**IMPORTANT CONDITIONS:** Your price is guaranteed once deposit is received by Collette. Your price is not subject to increase after the deposit is received, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. **(See registration form for consent.)**

### PLEASE NOTE:

**Book Now rates valid until Jul 07, 2024, valid on air inclusive packages only.**

#### IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require that your passport be valid at least 6 months beyond the dates of your travel. You are strongly urged to contact the appropriate consulate for details. Visit [www.travel.state.gov](http://www.travel.state.gov) for the U.S. State Department for the latest details about passports and visa requirements.

**IMPORTANT:** We recommend that travelers take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels for their locations and they may be considered rustic.

Single accommodations are limited and are available on a first come, first served basis.

To complete your tour, we include roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your own air, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

Elevators and air conditioning are not available in most accommodations used on this tour.

**The overall activity level of this tour is a level 3.** This means you're an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you.

Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet.

Expect some longer days with early mornings or late nights balanced with free time to recharge or set out on your own adventure. The roads in Costa Rica are notoriously poor and impacted by heavy rains each season making them bumpy and requiring lower driving speeds. In order to experience all that we have included on this tour, we will spend an average of 4-5 hours on your coach to travel to your next stay. You can expect winding and some unpaved roads along the way. Many accommodations can be spread out and you should be prepared to walk a variety of terrain to get to public spaces like resort lobbies and restaurants; you may need to access your room through outdoor pathways. This level is not a fit for travelers who require mobility assistance devices.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

### Experience It! Monteverde Cloud Forest

Only four places in the world boast an ecosystem so unique that it produces a cloud forest, and Costa Rica is one of them. Situated high on a mountain, the Monteverde Cloud Forest is created by the forest's dry air combining with the humid, hot air of the rainforest. The result is a blanket of clouds that covers the forest, mimicking constant rainfall. This extremely wet environment has bred a diverse world of exotic flora and fauna. One of the cloud forest's most famous residents is the endangered, resplendent quetzal. This colorful bird sports a golden beak and a green-hooded head, tail feathers of gray, black, and white, and a vibrant scarlet breast. Highly elusive, quetzal sightings are rare, but absolutely unforgettable when attained.

**For more information on this tour visit**  
**<https://gateway.gocollette.com/link/1215219>**







162 Middle Street  
 Pawtucket, RI • 02860  
 Phone: 1-800-852-5655 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to Rufty Holmes Senior Center. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

**CREDIT CARD AUTHORIZATION FORM**

BOOKING NUMBER: 1215219  
 DEPARTURE DATE: January 7, 2025

TOUR: Tropical Costa Rica  
 GROUP NAME: Rufty Holmes Senior Center

Name of Passenger:

Salutation: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_ Suffix: \_\_\_\_\_  
(Mr., Mrs., Rev.) (Please print as it appears on Passport) (Jr., Sr.)

Cardholder Name: \_\_\_\_\_  
(Please print as it appears on your Credit Card)

Cardholder Address: \_\_\_\_\_  
(as it appears on your credit card statement)

Cardholder Phone: \_\_\_\_\_

Credit Card Type:    \_\_\_American Express    \_\_\_Discover    \_\_\_MasterCard    \_\_\_Visa

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Amount to be charged: \$ \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information **MUST** be provided. Thank you for your cooperation!  
 If using your credit card for payment, please return this Authorization Form by mail to:

**Rufty Holmes Senior Center**  
 Attn: Hannah Medlin  
 1120 S Martin Luther King Jr. Ave.  
 Salisbury, NC 28144

Or by Fax to: (704) 633-8517

Above credit card information has been called in to Collette.

BOOKING NUMBER: 1215219  
 DEPARTURE DATE: January 7, 2025

TOUR: Tropical Costa Rica  
 GROUP NAME: Ruffy Holmes Senior Center

### Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

*Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.*

Children under the age of 18 **MUST** be accompanied by an adult.

#### Monteverde Cloud Forest



##### Canopy Adventure

\$75 USD

Experience the unique sensation of flying through nature! For nature lovers, the greatest adventure of all is to take a Zip Line Canopy Adventure Tour. Selvatura Adventure Park and Canopy Tour is one of the best soft adventures in Costa Rica. Canopy Tour guides start by outfitting you with the appropriate equipment; then they take you through each of the 12 cables and 19 platforms and through the Tarzan Swing (optional). Selvatura Park is one of the longest Canopy Tours in Costa Rica, and is the only zip line canopy tour located inside the actual virgin cloud forest of Monteverde. Feel pure adrenaline and excitement of flying up to 35 miles per hour, viewing magnificent landscapes. Zip lines ranging from 120 to more than 2,000 feet in length and 60 to 400 feet in height let you experience the cloud forest from a whole new perspective. The tree top canopy tour not only offers a great adventure but also an opportunity to observe wildlife in its natural habitat. Trained personnel (accredited by the Costa Rican Institute of Tourism) accompanies you throughout the tour. If you are looking for a fun adventure and amazing rides, this canopy tour is your best choice. Please note: This option must be booked at least 30 days prior to departure and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant. *Duration: Approximately 3 hours.* Please note a minimum of 2 passengers is required. Transportation is included.



##### Monteverde Hanging Bridges

\$75 USD

Explore the cloud forest reserve in the heart of Monteverde from up above as you walk among the treetops with a local expert. Venture into an enchanting, colorful world as your tour begins with exploring one of the world's largest butterfly gardens with more than 30 species of tropical butterflies. Then embark on a guided walking tour high above the forest floor on a leisurely paced "Hanging Bridges" tour and gain a different perspective of the cloud forest's unique ecosystem, its mammals, birds, plants and flora. Admire the forest floor bursting with natural wonders, wildlife, and take in the amazing vistas. Take advantage of this unique opportunity to get up close to the indigenous wildlife in their natural habitat as your local expert shares stories of this incredible landscape and the ecology of the cloud forest. *Duration: Approximately 2.5 hours.* Please note a minimum of 2 passengers is required. Transportation is included.

#### Guanacaste



##### Mangrove Kayaking on the Ora River

\$55 USD

Branches reaching out into the swamp, creatures bustling through the undergrowth, and long-necked birds wading into the cloudy water. The mangroves of Costa Rica are not only essential to the larger ecosystem but also function as an ethereal waterway that will make you feel as if you've been transported to another world. Mangrove trees live in swamps where salt water meets fresh water, creating a flourishing home for a wide variety of animals. On your kayak, discover an intimate look at the local wildlife as you gently paddle six miles down the Ora River. Keep an eye out for playful monkeys and explorative iguanas scurrying up the trees. Follow your guide as you coast along the water, making your way along the winding river and taking in the nature all around you.

Availability is based on river or sea conditions and cannot be guaranteed. This tour often runs at the same time as the Dolphin & Snorkel Adventure due to the tide schedule. Therefore, you can only book one of these optional tours, not both. *Duration: Approximately 3 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

## Dolphin Watching & Snorkel Experience

**\$65 USD**

Get a different perspective of the Costa Rican wildlife when you venture into the natural habitat of a dolphin family. With a guide, get a firsthand look at these elegant creatures and watch as they play along the water's surface. Home to an abundance of animals, keep an eye out for other creatures as well. If you're lucky, you may even spot some whales or turtles! Afterwards, try your hand at fishing as you cast your line into the blue waters of the Pacific. You'll also get a chance to swim and snorkel in the warm waves along the coast, getting a closer look at the sea life. Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. This tour often runs at the same time as the Mangrove Kayaking on the Ora River due to the tide schedule. Therefore, you can only book one of these optional tour *Duration: Approximately 4 hours*. Please note a minimum of 10 passengers is required. Transportation is included.

**PASSENGERS NAME:** (Please submit a separate form for each passenger)

Salutation: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_ Nickname: \_\_\_\_\_  
(Mr., Mrs., Rev.) (Please print **EXACTLY** as it appears on Passport) (Jr., Sr.)

✓	Option	Price Per Person (USD)
	Canopy Adventure <i>Please note: This option must be booked at least 30 days prior to departure and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant.</i>	75.00
	Monteverde Hanging Bridges	75.00
	Mangrove Kayaking on the Ora River <i>Availability is based on river or sea conditions and cannot be guaranteed. This tour often runs at the same time as the Dolphin &amp; Snorkel Adventure due to the tide schedule. Therefore, you can only book one of these optional tours, not both.</i>	55.00
	Dolphin Watching & Snorkel Experience <i>Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. This tour often runs at the same time as the Mangrove Kayaking on the Ora River due to the tide schedule. Therefore, you can only book one of these optional tour</i>	65.00

Please make checks payable to Collette and send to:

Rufty Holmes Senior Center  
Attn: Hannah Medlin  
1120 S Martin Luther King Jr. Ave.  
Salisbury, NC 28144  
Fax: (704) 633-8517



TRAVEL DATE: 1/07/2025 TERRITORY: SA  
RES#: 1215219

Tropical Costa Rica

**For Reservations Contact:** Hannah Medlin (704)216-7714 email: programs@ruftyholmes.org  
Rufty Holmes Senior Center, 1120 S Martin Luther King Jr. Ave., Salisbury, NC 28144

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of June 30, 2024 are based upon availability. Final payment due by November 08, 2024. Deposits are refundable up until July 07, 2024.

**YOUR INFORMATION:**

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

**IMPORTANT:** In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver's license> including middle names or suffixes <Jr, Sr>.

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_

Nickname: \_\_\_\_\_ Gender: ( ) Male ( ) Female Date of Birth: month \_\_\_\_\_ day \_\_\_\_\_ year \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ Email Address: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiration Date: (month/day/year) \_\_\_\_\_ Date of Issuance: (month/day/year) \_\_\_\_\_

City, State, Country of Issuance: \_\_\_\_\_ Citizenship: \_\_\_\_\_

Should you become ill or injured, whom should we contact (not traveling with you): \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

**ROOMING WITH:**  Check if address is the same as Passenger #1

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_

**AIR GATEWAY:** Departure airport for this tour: \_\_\_\_\_

Air Seat Request: ( ) Aisle ( ) Window ( ) Next To Traveling Companion

Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times. Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

"Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years' imprisonment and penalties of \$250,000 or more. Details on prohibited items may be found on TSA's "prohibited items" web page: <http://www.tsa.gov/traveler-information/prohibited-items>."

**TRAVEL PROTECTION:** ( ) Yes, I wish to purchase travel protection \$449 ( ) No, I decline

If you choose not to purchase Collette's Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual's traveling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of \$1,500 for certain covered reasons. See Part B for details.)

**PLEASE MAKE CHECKS PAYABLE TO:** Collette ( ) Check ( ) Credit Card

Waiver/Insurance Amount: \$ \_\_\_\_\_ Deposit Amount: \$ \_\_\_\_\_ Total amount enclosed: \$ \_\_\_\_\_

Cardholder Name (if paying by Credit Card): \_\_\_\_\_

Cardholder Billing Address:  Check if address is the same as above \_\_\_\_\_

Cardholder Phone: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

Credit Card Number: \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ Expiration Date: \_ \_ / \_ \_ / \_ \_  
M M Y Y

**SIGNATURE REQUIRED** for acceptance of the below conditions and agreement to credit card use:

Date: \_\_\_\_\_

I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See <http://www.gocollette.com/about-collette/terms-and-conditions> for full terms and conditions of your purchase.

**Important Conditions:** Your price is guaranteed once deposit is received by Collette. Your price is not subject to increase after the deposit is received, except for charges resulting from increases in government-imposed taxes or fees.